

Berkshire and South Bucks September 2023

Regional Swimming Winter Championships 2023 – Saturday 4th and Sunday 5th November, Winchester

Information is available now on the regional website;

<https://www.southeastswimming.org/swimming/winter-short-course-championships-2023/>

SwimMark and Club Affiliation

Congratulations to Newbury, Chalfont Otters, Chesham, Bracknell and Wokingham, Albatross Diving and Windsor SC for maintaining their SwimMark this quarter. The following clubs are due to reaccredit at the regional panel in October; Maidenhead, Reading, Slough, Tilehurst and Wycombe District.

We are asking all SwimMark clubs to update their constitutions in line with the 2022 model in time for their reaccreditation this year. We will be asking the non SwimMark clubs to do this in time for their club affiliation check in January. Thank you to Susan Harrison for supporting the region with the checks for the BSB clubs.

From the 1st November there will be some changes to the training required for both SwimMark and club affiliation clubs. We are encouraging clubs to prepare for this early by attending the three mandatory courses listed below;

- Club chair good governance workshop <https://www.swimming.org/swimengland/running-your-club/>
- Welfare Officer good governance workshop <https://www.swimming.org/swimengland/running-your-club/> (this is in addition to the Time to Listen course)
- Foundations of inclusivity workshop <https://www.swimming.org/ios/course-information/foundations-of-inclusivity/>

South East Training/ Workshops

Time to Listen courses – 23rd November, 5th December, 16th January 2024

<https://www.southeastswimming.org/time-to-listen-training/>

Team Manager 1

- 17 October 6.30pm-8.30pm
- 9th November 6.30pm-8.30pm
- 5th December 6.30pm-8.30pm

Team Manager 2

- 10 October 6.30pm-8.30pm
- 7th December 6.30pm-8.30pm

<https://www.southeastswimming.org/workforce/team-managers/>

Due to the new supervision policy, we have experienced unprecedented demand for these courses, thank you for your patience whilst we increase our provision. Please contact kate.hutchinson@southeastswimming.org if you have any questions.

Regional Distance Programme

This year we have built on our successful open water development with the introduction of a 2nd camp day taking place in the pool with a focus on distance training for 13-16 year olds. This programme is driven and supported by the Swim England National talent team as part of the national pathway.

Day 1 – Egham Orbit Leisure centre and Longside Lake, Egham – open water skills and lake experience (4th June)

Day 2 – ACS Cobham – pool training day with a focus on distance swimming – Saturday 9th September
Selected BSB swimmers included; Lucas Bryant, Anton Supov (Maidenhead), Annabelle Compton, Hazel-Anne Carter, Rufus Parry, Ethan Wills, Maisie Dickinson, Lilia Gilbert, Sam Williams (Wycombe)

Regional Development Programme 2023/2024

The regional development programme will be run on 3rd September, 2nd December and 2nd June (2024). As directed by the national talent team, we have selected 13-year-old athletes as of the 31st December 2023, utilising the relative age policy. Oscar Kelly (Wycombe) has applied and been accepted to be a skills coaches on the programme this year. The following BSB swimmers have been selected;

Anaya Singh (Reading), Christopher Errey, Benjamin McDougall (Wycombe), Remy Mowbray (Amersham), Lochlann Murray (Chesham), Thomas Williams (Windsor), Joshua Greenough, Theodore Sangamneheri (Maidenhead).

Safeguarding Training

From the 1st January, the Swim England Safeguarding training will be the only approved course

<https://www.swimming.org/ios/search/free->

[text?filters%5BfreeText%5D=safeguarding&filters%5Bplace%5D=&filters%5Blatitude%5D=&filters%5Blongitude%5D=&filters%5Bsubmit%5D=](https://www.swimming.org/ios/search/free-text?filters%5BfreeText%5D=safeguarding&filters%5Bplace%5D=&filters%5Blatitude%5D=&filters%5Blongitude%5D=&filters%5Bsubmit%5D=)

Clubs are reminded that the South East will support the cost of this training through our bursary scheme

<https://www.southeastswimming.org/safeguarding-bursary-application/>