



## **Berkshire & South Bucks County ASA Meeting – April 2018**

### **SwimMark (previously swim 21)**

Amersham SC and Electric Eels successfully completed the SwimMark Annual Health Check and maintained accreditation at the March National Meeting. Unfortunately Windsor SC did not fully complete the Annual Health Check and lost their SwimMark accreditation.

The following clubs are due to submit for the June Regional panel meeting, submission deadline Friday 18<sup>th</sup> May 2018, Chesham SC, Chalfont Otters SC and Bracknell & Wokingham SC.

### **South East Regional Bursary Scheme Update**

Having provided clubs with bursaries over many years to support teachers and coaches, the Region has decided to close applications for bursaries for teachers (ASA level 1 – Swimming Assistant Teaching and ASA level 2 – Swimming Teacher). The Region will continue providing bursaries for coach education courses in all disciplines.

This change will come into effect on 1<sup>st</sup> May 2018. Applications for bursaries for Level 1 and Level 2 Teaching qualifications will not be processed if received after this date.

#### **Why is this happening?**

The Region has supported clubs with teaching bursaries for many years and are proud that a lot of teachers working in clubs have been able to benefit from this support. However we recognise that a lot of the teachers we have invested in have left the club scene and are now working for pool operators and other organisation in private learn-to-swim schemes.

The Region have also recognised that a growing number of clubs are setting up learn-to-swim schemes as separate businesses and that the swimmers they are teaching are not members of Swim England and therefore the Region is no longer receiving membership fees for these swimmers.

Because of this the Region has decided to focus its investment into coaching and believe that the reorganisation of courses by the IoS is the right time to direct its investment where it will have the most benefit for clubs and athletes.

Find more information about the [Swim England South East](#) bursary scheme.

## **South East Young Volunteer Programme**

Saturday 7<sup>th</sup> July 2018

10.00am – 5.00pm

Wycombe Leisure Centre

Courses – Swim England Aquatic Helper Certificate & Emergency First Aid for Sports Coaches

A second development day will be taking place in September 2018 for the young people to complete their Timekeeping and UK Safeguarding for Young Volunteers.

Please complete the young volunteer booking form

<http://www.southeastswimming.org/workforce/young-volunteer-programme/> and return to Bryony Gibbs [bryony.gibbs@southeastswimming.org](mailto:bryony.gibbs@southeastswimming.org)

## **Team Manager Training courses**

Module 1 Thursday 19<sup>th</sup> April 2018, 6.30pm – 9.30pm

The Hub, Easton Street, High Wycombe, HP11 1NJ

Module 2 Wednesday 2<sup>nd</sup> May 2019, 6.30pm – 9.30pm

Windsor Leisure Centre, Clewer Mead, Stovell Rd, Windsor SL4 5JB

## **Time to Listen course**

Sunday 20<sup>th</sup> May 9.00 am – 12.00 noon The Leys Pool & Leisure Centre, Oxford

Saturday 29<sup>th</sup> September 2.45 pm – 5.45 pm Magnet Leisure Centre

## **UK Coaching Safeguarding course**

Saturday 29<sup>th</sup> September 11.00 am – 2.00 pm Magnet Leisure Centre

To book a place on the above courses, please complete the booking form available on the south east website and return to Bryony Gibbs, [bryony.gibbs@southeastswimming.org](mailto:bryony.gibbs@southeastswimming.org)

## **Regional Team Manager Conference - All Disciplines**

Sunday 10<sup>th</sup> June 2018

Leatherhead Leisure Centre

10am – 2.45pm

Team Managers will participate in workshops on;

- Effective Recovery for Multi – Day Competitions
- Team Manager Behavioural Philosophies
- Understanding Emotional Intelligence/ Emotional Responses and their IMPACT
- What If Scenarios?

Please see here for further information and a booking form;

<https://www.southeastswimming.org/swimming/swimming-coach-development-opportunities-2/>

## **Swimming Regional Coaches Conference**

Sunday 10<sup>th</sup> June 2018

Leatherhead Leisure Centre

10am – 4.15pm

The content of this conference organised in conjunction with the Swim England Talent Team will be aimed at level 2 coaches, other coaches are welcome to attend. All coaches involved in the regional 12 year old camps will be required to attend this camp.

The conference will cover;

- Head for Talent part 2 – Healthy minds and mind set/ developing resilience and Grit
- Understanding Emotional Intelligence/ Emotional responses and their IMPACT
- Further Planning Considerations

*Planning the transition for Age to Youth Swimming*

*Progressing Female Swimmers*

*Adaptable Coaching Philosophy*

*Advancing the Swimmer through PHV*

*Land Work Considerations*

Please see here for a booking form; <https://www.southeastswimming.org/swimming/swimming-coach-development-opportunities-2/>

## **Regional Pathway Camps 2018**

We will be delivering the regional pathway camps for 12 year olds in conjunction with the England Talent Team on;

Saturday 30<sup>th</sup> June

Saturday 1<sup>st</sup> September

Saturday 24<sup>th</sup> November

All camps will be based at ACS International School, Cobham. Coaches wishing to apply to be a group coach on the programme should complete the application form by the 20<sup>th</sup> April;

<https://www.southeastswimming.org/clubs/regional-swimming-camps-2018-skills-coaches-required/>

Coaches will again be welcome to attend to observe. Selections will be made by 29<sup>th</sup> May based on the rankings from the 1<sup>st</sup> January – 28<sup>th</sup> May, full selection criteria will be on the website.

## **Regional Open Water Camp**

Sunday 17<sup>th</sup> June

Elmbridge Excel Leisure Centre, Walton on Thames and Shepperton Lake.

8.45am – 3.30pm

12- 16 years

Any coaches interested in attending this camp should complete the application form by the 20<sup>th</sup> April;

<https://www.southeastswimming.org/clubs/regional-swimming-camps-2018-skills-coaches-required/>

additional coaches are welcome to attend to observe. Selections will be made by the 3<sup>rd</sup> May.

## **Parents Talks at the Regional Championships**

On Saturday 5<sup>th</sup> May during the afternoon warm up at Wycombe Leisure Centre there will be a talk for parents on practical nutrition to aid performance.

On Sunday 13<sup>th</sup> May during the afternoon warm up at K2 there will be a talk for parents of 12 year olds and parents of 13 and 14 year olds competing at the regional for the 1<sup>st</sup> time.