



Berkshire & South Buckinghamshire ASA

(Sub regional body of the Swim England South East)

County and Age Group Championships 2023

(Under Swim England Laws and Technical Rules)

INFORMATION FOR COMPETITORS

ACCEPTED ENTRIES

All entries submitted meeting the consideration times have been accepted this year. Swimmers should check their entry information on the accepted swims document (please be careful printing this document, it is over 500 pages!). Most errors in the entry information can be corrected before the meet (please email championships@bsbasa.org). It is unlikely that corrections will be possible on the day.

SESSION TIMES

The meet programme has been modified to accommodate the accepted swims. The revised session times are as follows:

Session	Date	Warm up	Start	Notes (paperwork submission deadlines)
1	14 th January	08:30	09:15	Withdrawals by 08:30
2		12:30	13:35	Withdrawals by 12:30
3		16:10	16:55	Declare teams by 16:10
4	15 th January	08:30	09:15	Withdrawals by 08:30
5		12:00	13:05	Withdrawals by 12:00
6		16:10	16:55	Declare teams by 16:10
7	28 th January	08:30	09:15	Withdrawals by 08:30
8		12:15	13:20	Withdrawals by 12:15
9		16:10	16:55	Declare teams by 16:10
10	29 th January	08:30	09:15	Withdrawals by 08:30
11		11:45	12:50	Withdrawals by 11:45
12		16:00	16:45	Declare teams by 16:00

ONLINE MEET COVERAGE

With spectators back in the gallery we are unable to provide the full video live stream of the competition as we did last year (the cameras and equipment took up a lot of space). The following link will take you to the live stream webpage:

<https://live.swimsuite.net/bsbasa>

Before the start of each session, the start lists will be published on the BSBASA website identifying which heat and lane the swimmers are in for the events that session. The start lists can be accessed using the following link:

<https://bsbasa.org/startlist>

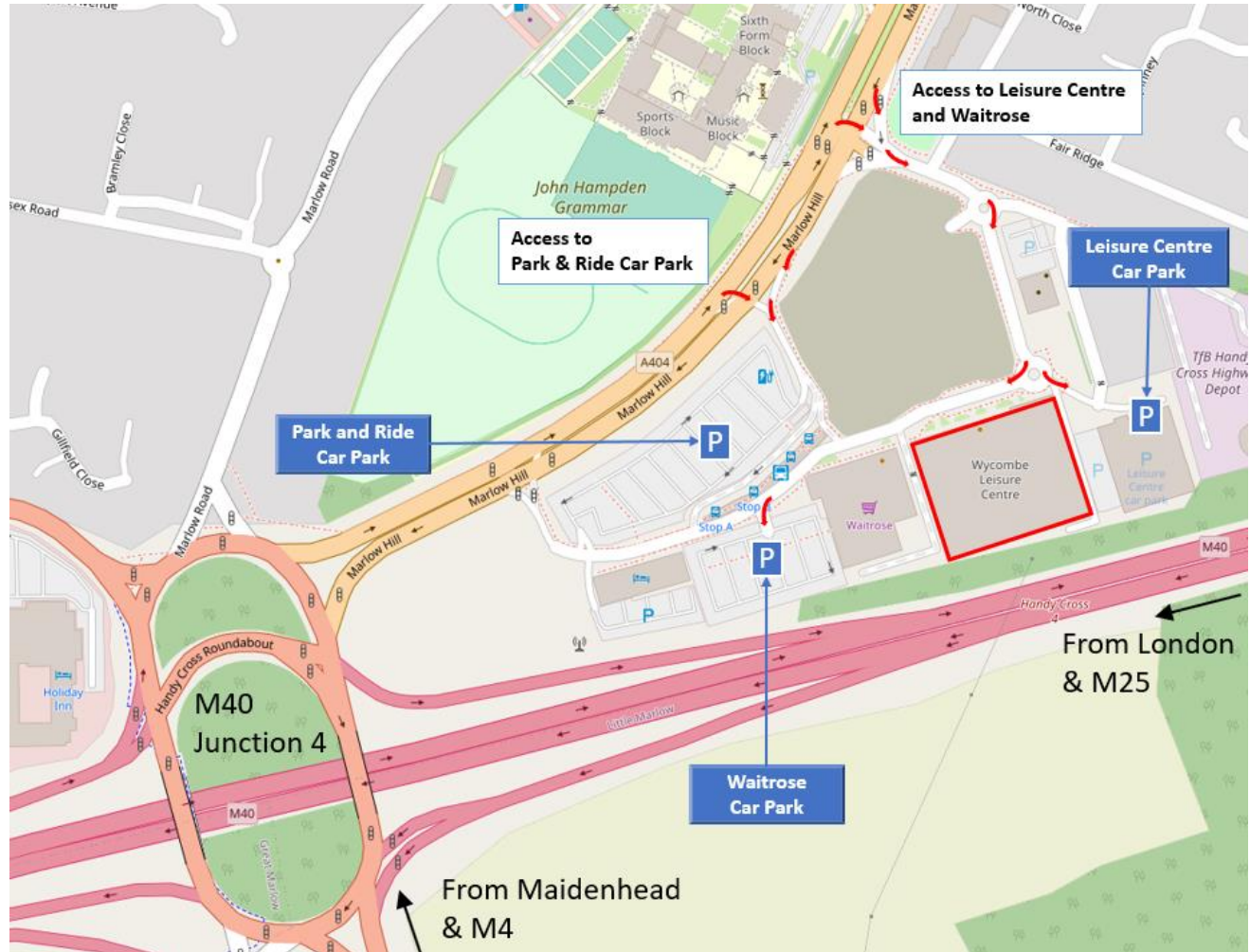
As soon as possible once results have been confirmed and validated by the referee, they will be published on the BSBASA website. The results can be accessed using the following link:

<https://bsbasa.org/results>

GETTING TO WYCOMBE LEISURE CENTRE

Wycombe Leisure Centre is located near junction 4 of the M40. From junction 4 follow the A404 ("Marlow Hill") towards High Wycombe town centre and the leisure centre is signed on the right. Use postcode HP11 1UP for sat nav directions.

Please check for any roadworks that may affect your journey. Note that the M4 will be closed towards London on the weekend of the meet, between junctions 3 & 4b on 15-16th January, and between junctions 5 and 6 on 29-30th January.



There are a number of car parks around to the leisure centre:

The Leisure Centre Car Park

This is a multi-storey car park next door to the leisure centre and allows a maximum stay of 4 up to hours (50p for 2hrs, £1 for 4hr)

High Wycombe Park & Ride

The park and ride car park is a short walk (approx. 200m) from the leisure centre but has its own entrance from the A404 and cannot be accessed by car from the Leisure Centre. Charges for using this car park (Free for 30mins, £1.20 for 4hrs, £3 for 10hrs, £4 per day).

Waitrose

Waitrose is next door to the leisure centre and has its own car park. This is a customer car park so we do not recommend using this. If you do use it, please observe their payment procedure that is likely to mean that you have to spend money at the store. There is a maximum stay of 2hrs and no return within 2hrs.

Please check the prices and conditions when you park in case they change!

SHOPS & FOOD

Wycombe Leisure Centre has a small café in the foyer area offering sandwiches and hot drinks. There is a Waitrose supermarket next door which also has a café (note this closes early on Sundays).

“[Fine Designs](#)” will have a shop in the foyer area selling BSBASA County Championships branded clothing. (on-line sales of clothing are only available until 8th Jan)



“[Mailsports](#)” will be upstairs with their swimwear shop selling all sorts of performance swimwear and training equipment.



SPECTATORS

The spectator gallery upstairs is available again this year for friends and families to watch the competition.

Spectator entry is £6 for a session, £10 for the day (entry is free for children under 14 and pensioners). Programmes will also be on sale at the entry desk. **We can only accept payment by card, cash will not be accepted.**

Wrist bands will be provided as proof of payment (different colours are allocated for each session) to allow re-entry. Anyone without a wristband will be refused access to the gallery.

Please note that spectators may not bring their own chairs, the walkways and stairs must be kept clear to maintain escape routes in case of an emergency. Seats may not be ‘reserved’ and left empty during the day and we would ask spectators not to ‘set up camp’ on seats and leave them unused for part of the day. We reserve the right to make empty ‘reserved’ seats available if they remain unoccupied for any extended period, in order to allow other spectators to sit.

Access at the far right hand end of the spectators gallery is restricted, and only to be used by volunteers helping with the running of the meet.

COMPETITOR ONLY AREAS

Access to the changing village, pool and sports hall areas of the leisure centre will be restricted during the meet. Our volunteers will patrol these areas to control access.

POOLSIDE & SPORTS HALL

Poolside space is limited. Each club will be allocated an area of the sport hall for their swimmers to use during the meet for relaxing and land warm up. The marshalling area where the swimmers should report to ahead of their heats and finals is also in the sports hall.

The corridor from the sports hall to the pool is narrow and should only be used by coaches and volunteers during the meet. Swimmers should only use the corridor when waiting to walk out for their heats as directed by the stewards. Swimmers should access the sports hall from the foyer, not directly from poolside. The staircase between the spectator gallery and corridor is only to be used by the meet officials and promoters team.

Swimmers may remain poolside to watch the events and meet with their coaches during the competition. However, if the poolside area becomes overcrowded then we will request coaches and TMs to send some of their swimmers to the sports hall.

Swimmers may only bring small bags poolside. Large bags must either be placed in the lockers in the changing village or in your allocated area of the Sports Hall with the permission for your TM/Coach. BSBASA takes no responsibility for bags left in the sports hall.

Other than swimmers, the pool area is only accessible to officials and coaches/TMs/volunteers who have poolside passes.

CHANGING VILLAGE

Please note that the Leisure Centre has a mixed gender changing village. This will be patrolled during the meet by a team of volunteers. Additionally, a security guard will be located in the foyer at the entrance to the changing village to prevent members of the public and parents from entering. Only swimmers and TMs/Coaches/Volunteers with poolside passes will be granted entry.

Do not leave bags in the changing cubicles or anywhere in the changing village, except in the lockers provided. **You will need a padlock to secure your locker.**

Safeguarding rules mean that under no circumstances should mobile phones or cameras be used or be visible in the changing village. They must be stored in a pocket or bag at all times in this area.

Swimmers leaving the changing area to visit other parts of the Leisure Centre must be dry, wearing appropriate clothing and footwear.

REPORTING FOR EVENTS & COMPETITOR MARSHALLING

It is the responsibility of each swimmer to arrive in the marshalling area and report to the competitor stewards in good time for their swim. Hard copies of the start lists will be provided to coaches and TMs, and posted up on the walls in the sports hall and spectator gallery. Additionally, the start list will be posted online (see page 1) before the start of each session to confirm your heat and lane number. Please check with your coach or Team Manager if you are unsure before arriving at the marshalling area. Please note that all events are seeded slow to fast.

The competitor marshalling area is in the sports hall. It is very important that competitors follow the instructions of the stewards. For swimmers who are poolside, the marshalling area should be accessed via the changing rooms and the foyer, do not try to directly access the area from poolside as you will be turned back by the marshals.

WITHDRAWING FROM AN EVENT

It is very important that swimmers withdraw from any event they have entered but do not intend to swim. If swimmers do not withdraw, heats will inevitably be swum with empty lanes. The number of empty lanes will be monitored by the meet organisers.

Swimmers should notify withdrawals to their club's team manager, who will then inform the meet organisers before the warm up of each session. **Clubs with an unacceptable level of unreported withdrawals will be reported to the Performance Swimming Events Committee who may impose a penalty**, including a fine.

WITHDRAWING FROM FINALS

The list of finalists for the 50m and 100m events will be published as soon as possible after the heats have been completed. This list of finalists will also contain a "withdraw by" time. Finalists (including reserves) who wish to withdraw (which should only be in exceptional circumstances, as above) must notify their club's team manager, who will in turn notify the meet organisers (before the published "withdraw by" time for the relevant final).

A fine of £10 may be levied on clubs in respect of each no show in finals (including promoted reserves). The on-line entry process for future BSASA performance swimming competitions will be blocked for clubs with unpaid fines.

THE COMMUNITY POOL

Swimmers may use the 20m community pool during the warm up, and for swim down after their event. The depth of this pool is a constant 1.2 meters. **There is to be no diving into the community pool at any time.**

BACKSTROKE LEDGES

We will be providing backstroke ledges. You do not have to use them if you do not wish to.

AWARD PRESENTATIONS

County Junior and Senior Medals and Trophies

Presentations of County medals and trophies for the junior and senior county awards will take place poolside at the end of the session in which the event takes place. For 50m and 100m events, the county awards will take place after the finals in the final event of the day, not after the heats. Trophies and a County Gold medal will be awarded to the fastest junior swimmer (14yrs and under) and senior swimmer (15yrs and over) for each event. Junior and Senior County silver and bronze medals will be presented to the 2nd and 3rd placed swimmers.

For the relay teams, junior trophies will be presented to the winners of the "12-13yrs" age group (the junior county trophy) together with the gold, silver and bronze medals. Senior trophies will be presented to the winners of the "Open" age group (the senior trophy) together with the gold, silver and bronze medals. Medals will also be presented to the 1st, 2nd and 3rd place teams for the "10-11yrs" and "16 & Under" relay events.

Details of the trophy presentations are available in the meet programme.

Age Group & Para-Swimming Medals

Medals for the Age Group 1st, 2nd and 3rd placed swimmers of each event can be collected from the medal desk which will be located by the entrance to the spectator gallery.

Para-Swimming multi-classification medals can also be collected from the medal desk for the 50m and 100m events.