

**BERKSHIRE & SOUTH BUCKINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION
COUNTY AND AGE GROUP CHAMPIONSHIPS 2019**

12, 13, 26 & 27 JANUARY 2019

at

WYCOMBE LEISURE CENTRE, HIGH WYCOMBE

INFORMATION FOR COMPETITORS AND PARENTS

ENTRY INFORMATION

With the exception of 3 swimmers from the Boys 15 & Over 800m Freestyle, all entries from swimmers that met the consideration times have been accepted. Swimmers should check their entry information on the accepted swims document (please be careful printing this document, it is over 500 pages!). Errors in the entry information can normally be corrected before the meet (please email championships@bsbasa.org). It is most unlikely that corrections will be possible on the day.

WITHDRAWING FROM AN INDIVIDUAL EVENT

It is very important that swimmers withdraw from any event they have entered but do not intend to swim. If swimmers do not withdraw, heats will inevitably be swum with empty lanes. The number of empty lanes will be monitored by the meet organisers. Swimmers should notify withdrawals to their club's team manager, who will then inform the meet organisers. Clubs with an unacceptable level of unreported withdrawals will be reported to the Performance Swimming Events Committee who may impose a penalty, including a fine.

Any swimmers withdrawing from the Boys 15 & Over 800m Freestyle should email championships@bsbasa.org as soon as they make that decision. That will allow their slot to be allocated to one of the 3 rejected swimmers.

REPORTING FOR EVENTS

It is the responsibility of each swimmer to make sure they report to the competitor stewards in good time for their swim. Start lists will be posted on pool side before the start of each session. See below for further information on marshalling.

SESSION TIMES

The final session times are shown below. Those in red are changes from the provisional times in the promoter's conditions.

Sess	Date	Warm up	Racing starts	Notes
1	12/01/19	9:30	10:05	Withdraw by 9:30
2	12/01/19	13:00	13:50	Withdraw by 13:00
3	12/01/19	17:00	17:35	Declare teams by 17:00
4	13/01/19	9:00	9:50	Withdraw by 9:00
5	13/01/19	12:50	13:40	Withdraw by 12:50
6	13/01/19	17:00	17:35	Declare teams by 17:00
7	26/01/19	9:30	10:05	Withdraw by 9:30
8	26/01/19	13:50	14:40	Withdraw by 13:50
9	26/01/19	18:15	18:50	Declare teams by 18:15
10	27/01/19	9:00	9:50	Withdraw by 9:00
11	27/01/19	12:30	13:20	Withdraw by 12:30
12	27/01/19	17:15	17:50	Declare teams by 17:15

WITHDRAWING FROM FINALS

The list of finalists for events with finals will be published as soon as possible after the heats have been completed. This list of finalists will also contain a "withdraw by time". Finalists (including reserves) who wish to withdraw (which should be in exceptional circumstances, as above) must notify their club's designated team manager, who will in turn notify the meet organisers (before the published "withdraw by" time for the relevant finals). A fine of £10 may be levied on clubs in respect of all no shows in finals (including promoted reserves). The on-line entry process for future BSBASA performance swimming competitions will be blocked for clubs which have unpaid fines.

DIRECTIONS TO WYCOMBE LEISURE CENTRE

Wycombe Leisure Centre is located very near junction 4 of the M40. From junction 4 follow the A404 towards the centre of High Wycombe and then follow the signs (the leisure centre is on the right, but see below regarding access to the park and ride car park). The postcode is HP11 1UP.

PARKING

Car Parking at the new Wycombe Leisure Centre is limited, we advise all swimmers and spectators to 'lift-share' where possible. Space is available in the park and ride / overflow car park (currently free of charge) and the Leisure Centre Multi-Story Pay and Display car park (chargeable).

For the park and ride car park see <http://www.wycombeparkandride.com/finding-the-car-park/>. Please note that this car park has its own entrance from the A404 and cannot be accessed by car from the Leisure Centre. There is a short walk to the leisure centre (around 200m).

Waitrose (next door to the pool) also has its own car park. Competition goers should avoid using this car park – however if you do use it, please observe their payment procedure that is likely to mean that you have to spend money at the store, and they will have a maximum stay period in place.

CHANGING ROOM AREA

Unfortunately the pool has been provided with limited changing cubicles. We advise you to arrive for warm up in costume and tracksuit if possible. Please ensure swimmers change quickly to allow other swimmers to use the cubicles. Please note that the Leisure Centre has a mixed gender changing village and this, as well as other areas of the leisure centre, are likely to be open to the public during the championships.

Swimmers must not leave bags in the changing cubicles or anywhere in the changing rooms, except in the lockers provided.

Parents are reminded that

- the facilities at Wycombe feature a mixed gender changing village and this, as well as other areas of the leisure centre, are likely to be open to the public during the championships, and
- ASA guidance is that they should not be in the changing room whilst the children are changing, unless exceptionally their child requires additional specific assistance.

LOCKERS – *you will need a padlock*

All lockers are secured by Padlock rather than coin mechanism. Padlocks should be 40mm combination locks with a 6mm diameter shackle and can be purchased at Reception (£4) or you can bring your own. Due to the limited number of lockers in the changing rooms, we would ask swimmers, where possible to share lockers, they are reasonably large and have ample room for two swimmers' bags.

POOLSIDE

Poolside space is limited and swimmers may not take large bags poolside. Only small drawstring type bags will be allowed poolside.

Swimmers entering the spectator areas or other parts of the Leisure Centre must be wearing shorts, a top and footwear.

Swimmers may not use the stairs to the spectator gallery at the finish end of the pool.

COMPETITOR MARSHALLING

This will take place in the sports hall which can be accessed through the doors at the finish end of the pool. It is very important that competitors follow the instructions of the stewards and stay in the area allotted. Please note that all events are seeded slow to fast

BACKSTROKE LEDGES

We will be using backstroke ledges.

SPECTATORS

There is a reasonable amount of spectator seating and some standing areas. Spectators should pay the entry fee for all the sessions they wish to watch. They will be given wrist bands (there will be a different colour for each session) to allow them to leave and re-enter and these should be worn at all times. Spectators without the appropriate wrist bands will be asked to leave the spectator gallery. Please note that spectators may not bring their own chairs and walkways must be kept clear. Seats may not be 'reserved' and left empty during the day and we would ask spectators not to 'set up camp' on seats and leave them unused for part of the day. We reserve the right to empty 'reserved' seats if they remain unoccupied for any extended period, in order to allow other spectators to sit.

Spectators may not enter the poolside area or use the stairs at the finish end of the pool. Only coaches and team manager (both must be wearing poolside passes) may be on poolside.

Please note that we do not have the facility to accept card or electronic payment for spectator entry, and all entry fees need to be paid in cash. Also please note that neither the leisure centre or Waitrose has an ATM.

FACILITIES

Wycombe Leisure Centre has a small cafe, offering sandwiches and hot drinks only. Waitrose, located adjacent to the leisure centre, is also open and has a cafe.