

**BERKSHIRE & SOUTH BUCKINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION
COUNTY AND AGE GROUP CHAMPIONSHIPS 2014**

**8, 9, 15 & 22 MARCH 2014
AT MAGNET LEISURE CENTRE, MAIDENHEAD, & WYCOMBE HANDYCROSS LEISURE
CENTRE**

INFORMATION FOR COMPETITORS

DIRECTIONS TO MAGNET LEISURE CENTRE (all sessions except 800/1500m Free and Open Relays)

Directions and details of parking can be found at http://www.rbwm.gov.uk/web/parking_magnetic.htm
The cheapest place to park is in the Hines Meadow car park. This is free on Sundays. Full details can be found at http://www.rbwm.gov.uk/web/parking_hines_meadow.htm. Please note the description of the short and long stay areas.

DIRECTIONS TO WYCOMBE HANDYCROSS LEISURE CENTRE (800/1500m Free and Open Relays)

The address is: Wycombe Leisure Centre, Marlow Hill, High Wycombe, Buckinghamshire, HP11 1TJ

See <http://www.leisurecentre.com/wycombe-sports-centre/ContactUs>
(although the "B" is in the wrong place - Wycombe Sports Centre is clearly labelled just below it!)

Park in the Wycombe Handycross Leisure Centre car park, and obtain a parking ticket for 30p (4 hours) from the machine. Take this ticket into reception who will give you an extension pass. Display this AND the parking ticket on your car.

ACCEPTED SWIMS SUMMARY

With the exception of the 800/1500m, where a small number of swimmers will be reserves (ie will only be permitted to swim if an accepted swimmer withdraws), all swimmers who met the consideration times have been accepted. Reserve swimmers for the 800/1500 are shown on the rejected/reserve swimmers document.

ENTRY INFORMATION

No cards will be produced for individual events. Errors to the entry information in the accepted swims document can normally be corrected before the meet (please email rjm7737@btinternet.com). It is most unlikely that corrections will be possible on the day.

WITHDRAWING FROM AN INDIVIDUAL EVENT (except 800m and 1500m Free)

It is very important that swimmers withdraw from any event they have entered but do not intend to swim. If swimmers do not withdraw, heats will inevitably be swum with empty lanes. Swimmers should notify withdrawals to their club's team manager, who will then inform the meet organisers.

REGISTERING FOR THE 800/1500m

As we have had to reject a number of swimmers from the 800/1500m events, all swimmers for these events must sign in so that we can offer spare lanes to the rejected/reserves swimmers. If swimmers do not sign in, they will not be able to swim. If before the day, swimmers know that they will not swim please withdraw by emailing (rjm7737@btinternet.com) so their place can be offered to reserve swimmers.

TEAM EVENTS

Team declaration forms for each team entered can be collected from the trays by the results office from 11:00 on 8 March. These must be completed with the names of the swimmers who will swim and lodged with the meet organisers prior to 5:30pm on 15 March and 5:00pm on 22 March. Please note that in the case of 22 March, this is mid way through the session before the relay session. If you do not submit the form, your team will be withdrawn.

REPORTING FOR EVENTS

It is the responsibility of each swimmer to make sure they report to the competitor stewards in good time for their swim. Start lists will be posted on pool side before the start of each session. Please note that all individual events other than the 400m, 800m and 1500m Free are seeded fast to slow.

SESSION TIMES

Please note the actual session times differ slightly from those provisionally published. The revised session times are:

| <u>Sess</u> | <u>Warmup / post cards /withdrawals</u> | <u>Racing starts</u> |
|-------------|---|--|
| 1 | 11.30 | 12.20 |
| 2 | 15:45 | 16:35 |
| 3 | 08:25 | 09:15 |
| 4 | 13:15 | 14:05 |
| 5 | 17:30 | 17:50 AT WYCOMBE |
| 6 | 11:30 | 12:05 |
| 7 | 14:40 | 15:30 |
| 9 | 18:20 | 19:10 Post team declaration forms by 17:00 |

SPACE LIMITATION AT MAGNET

Magnet have built a new slide at the leisure end of the pool building. They have also laid new flooring throughout the leisure part of the pool. We have been told that there must be no outdoor shoes and no eating or drinking on the new floor because of the damage this will do to the flooring.

As space is at a premium, we would ask you not to keep swimming bags on poolside and in the spectator area. Putting bags in the lockers will help to make the best of the limited space.