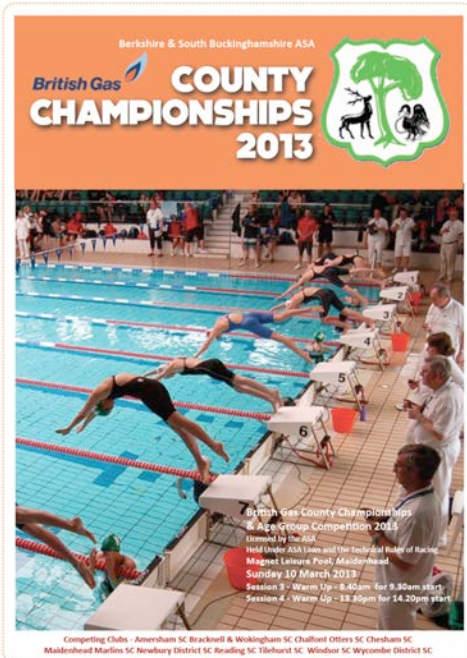


# THE CHAMPIONS

## DAY ONE AND TWO



Half way through this year's **British Gas County Championships and Age Group Competitions** we feature all the swimmers who have won trophies and medals in 2013. Congratulations to the many who have made their mark in 2013's Berkshire and South Buckinghamshire's County Championships so far.





**200 Butterfly Junior**

Zara Ryan Newbury 2:20.12  
 Millie Pope Newbury 2:33.13  
 Polly McGrath Amersham 2:38.96



**200 Butterfly County**

Alannah Fillingham Bracknell 2:19.91  
 Zara Ryan Newbury 2:20.12  
 Eilidh Macgregor Bracknell 2:28.32



**200 Freestyle Junior**

Hugo Bellamy Amersham 2:01.54  
 James McFadzen Newbury 2:04.96  
 Joshua Goble Reading 2:05.61



**200 Freestyle County**

Chris Brook Bracknell 1:53.57  
 Jake Jezzard Newbury 1:53.90  
 Daniel Barraclough Amersham 1:57.07



**200 Freestyle Junior**

Connie Dean Maidenhead 2:09.03  
 Zara Ryan Newbury 2:10.63  
 Mia Poplawska (n/p) Amersham 2:11.81



**200 Freestyle County**

Rebecca Dutfield Windsor 2:05.15  
 Katherine Shaw Amersham 2:07.62  
 Fiona Shaw Wycombe 2:08.72



**200 Butterfly Junior**

George Longhurst Wycombe 2:23.13  
 Ben Goldfinch Windsor 2:24.03  
 Hugo Bellamy Amersham 2:25.57



**200 Butterfly County**

James Ellison Bracknell 2:09.04  
 Jake Jezzard Newbury 2:13.70  
 Luke Thomas Wycombe 2:15.98



**100 Breaststroke Junior Final**

Connie Dean Maidenhead 1:16.34  
 Abbie Johnson Bracknell 1:16.52  
 Maisie Cossins Maidenhead 1:19.45



**100 Breaststroke County Final**

Sophie Elphick Amersham 1:12.76  
 Connie Dean Maidenhead 1:16.34  
 Abbie Johnson Bracknell 1:16.52



**100 Breaststroke Junior Final**

James McFadzen Newbury 1:11.18  
 Joshua Goble Reading 1:11.77  
 Ross Calder Amersham 1:14.00



**100 Breaststroke County Final**

Max Elphick Amersham 1:09.25  
 Sam Woodruff Bracknell 1:09.68  
 David Rogers Tilehurst 1:10.93



**200 Individual Medley Junior**  
 Connie Dean Maidenhead 2:24.78  
 Zara Ryan Newbury 2:26.99  
 Emily Heslop Amersham 2:27.80



**200 Individual Medley County**  
 Sophie Elphick (n/p) Amersham 2:21.82  
 Eleanor Dolan Amersham 2:23.36  
 Connie Dean Maidenhead 2:24.78



**200 Individual Medley Junior**  
 James McFadzen Newbury 2:16.21  
 Joshua Goble Reading 2:18.09  
 Ben Goldfinch Windsor 2:22.67



**200 Individual Medley County**  
 Jake Jezard Newbury 2:09.50  
 Daniel Barraclough Amersham 2:13.74  
 Luke Thomas Wycombe 2:14.20



**50 Butterfly County**  
 Connie Dean Maidenhead 29.77  
 Zara Ryan Newbury 30.10  
 Elizabeth Gray Tilehurst 30.31



**50 Butterfly Junior**  
 Connie Dean Maidenhead 29.77  
 Zara Ryan Newbury 30.10  
 Lauren Jones Wycombe 31.76



**100 Freestyle Junior**  
 Ethan Carter Wycombe 56.84  
 Joshua Goble Reading 57.08  
 Hugo Bellamy Amersham 58.15



**100 Freestyle County**  
 Chris Brook Bracknell 52.96  
 Alexander Farrell Windsor 53.96  
 Daniel Barraclough Amersham 54.06



**100 Freestyle Junior**  
 Connie Dean Maidenhead 1:00.12  
 Nicole Ryan (n/p) Windsor 1:01.82  
 Mia Poplawska Amersham 1:03.15



**100 Freestyle County**  
 Abigail Dow Maidenhead 58.16  
 Katherine Shaw Amersham 59.11  
 Fiona Shaw Wycombe 59.85



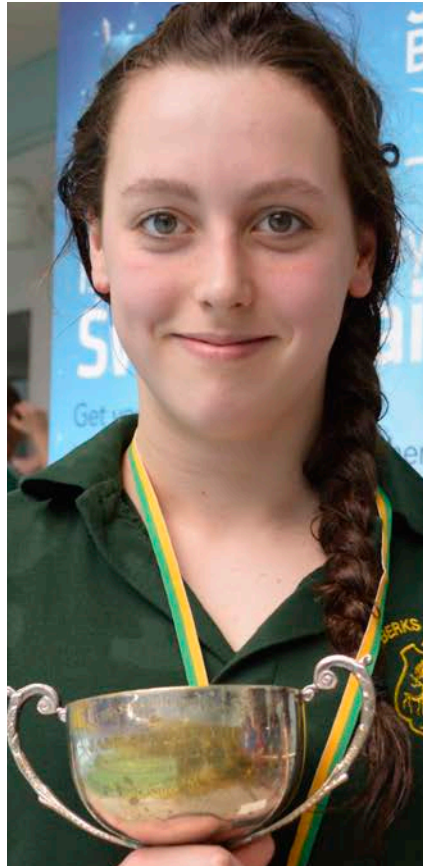
**50 Butterfly Junior**  
 James McFadzen Newbury 28.57  
 Luke Hollingsworth Amersham 28.86  
 Ben Goldfinch Windsor 29.45



**50 Butterfly County**  
 Will Rea Chesham 26.77  
 James Ellison Bracknell 26.80  
 Chris Brook Bracknell 26.95



**400 Individual Medley Junior**  
 Zara Ryan Newbury 5:01.31  
 Connie Dean Maidenhead 5:04.17  
 Emily Heslop Amersham 5:08.06



**Zara Ryan - Newbury**



**400 Individual Medley County**  
 Zara Ryan Newbury 5:01.31  
 Connie Dean Maidenhead 5:04.17  
 Eleanor Dolan Amersham 5:06.32



**400 Individual Medley Junior**  
 Hugo Bellamy Amersham 4:58.67  
 Ben Goldfinch Windsor 4:59.65  
 Tom Dean Maidenhead 5:08.20

**Jake Jezzard - Newbury**



**400 Individual Medley County**  
 Jake Jezzard Newbury 4:37.37  
 Luke Thomas Wycombe 4:37.56  
 Alastair Bingham Windsor 4:48.34



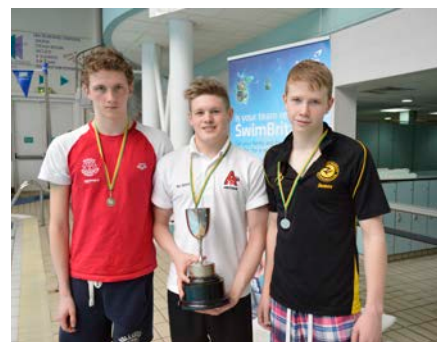
**200 Breaststroke Junior**  
 =1st Zara Ryan Newbury 2:52.38  
 =1st Abbie Johnson Bracknell 2:52.38  
 Thanya Jasinska Amersham 2:53.50



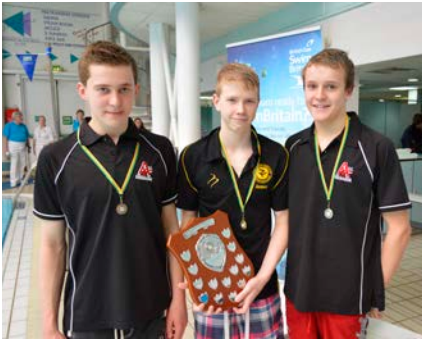
**200 Breaststroke County**  
 Sophie Elphick Amersham 2:33.40  
 Elinor Scanlon Maidenhead 2:43.83  
 Jody Turner Bracknell 2:44.79



**200 Breaststroke Junior**  
 James McFadzen Newbury 2:30.58  
 Joshua Goble Reading 2:39.59  
 Tom Dean Maidenhead 2:41.80



**200 Breaststroke County**  
 Max Elphick Amersham 2:29.26  
 James McFadzen Newbury 2:30.58  
 Alastair Bingham Windsor 2:33.94



**100 Backstroke Junior**

James McFadzen Newbury 1:01.62  
 Luke Hollingsworth Amersham 1:03.74  
 Thomas Strudwick Amersham 1:05.18



**100 Backstroke County**

Jake Jezzard Newbury 57.72  
 Calum Macgregor Bracknell 59.57  
 Daniel Barraclough Amersham 59.82



**100 Backstroke Junior**

Imogen McCalman Reading 1:07.21  
 Emily Heslop Amersham 1:07.30  
 Nicole Ryan (n/p) Windsor 1:07.45



**100 Backstroke County**

Abigail Dow Maidenhead 1:04.49  
 Eleanor Dolan Amersham 1:04.83  
 Katherine Shaw Amersham 1:05.672



**200 Backstroke Junior**

Emily Heslop Amersham 2:21.52  
 Nicole Ryan (n/p) Windsor 2:23.49  
 Imogen McCalman Reading 2:28.39



**200 Backstroke County**

Eleanor Dolan Amersham 2:18.58  
 Emily Heslop Amersham 2:21.52  
 Louise McFadzen Newbury 2:22.23



**200 Backstroke Junior**

James McFadzen Newbury 2:15.47  
 Hugo Bellamy Amersham 2:20.42  
 Thomas Strudwick Amersham 2:21.12



**200 Backstroke County**

Jake Jezzard Newbury 2:04.84  
 Calum Macgregor Bracknell 2:08.63  
 Matt Penning Lambert Am'ham 2:11.04



**50 Freestyle Junior**

Connie Dean Maidenhead 27.93  
 Rosie Whittaker Amersham 28.61  
 Milly Routledge Windsor 28.62



**50 Freestyle County**

**Abigail Dow Maidenhead 27.09 (CJR)**  
 Katherine Shaw Amersham 27.80  
 =3rd Fiona Shaw Wycombe 27.93  
 =3rd Connie Dean Maidenhead 27.93



**50 Freestyle Junior**

Ethan Carter Wycombe 26.57  
 Luke Hollingsworth Amersham 26.80  
 Hugo Bellamy Amersham 27.06



**50 Freestyle County**

Alexander Farrell Windsor 24.32  
 Rory Butcher Newbury 25.05  
 Jake Jezzard Newbury 25.32

COUNTY Winners



**100 Butterfly Junior**  
**Zara Ryan Newbury 1:04.72 (AGR)**  
Connie Dean Maidenhead 1:05.53  
Polly McGrath Amersham 1:10.68



**100 Butterfly County**  
**Zara Ryan Newbury 1:04.72 (AGR)**  
Alannah Fillingham Bracknell 1:05.26  
Connie Dean Maidenhead 1:05.53



**100 Butterfly Junior**  
Luke Hollingsworth Amersham 1:02.15  
George Longhurst Wycombe 1:03.93  
James McFadzen Newbury 1:04.47

**Connie Dean - Maidenhead**

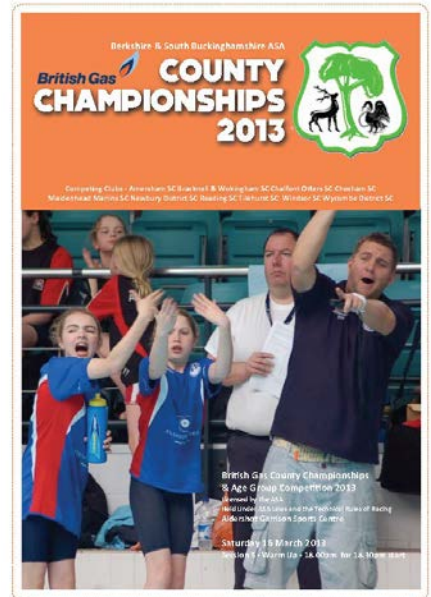


**100 Butterfly County**  
Daniel Barraclough Amersham 57.87  
James Ellison Bracknell 58.56  
Will Rea Chesham 58.66

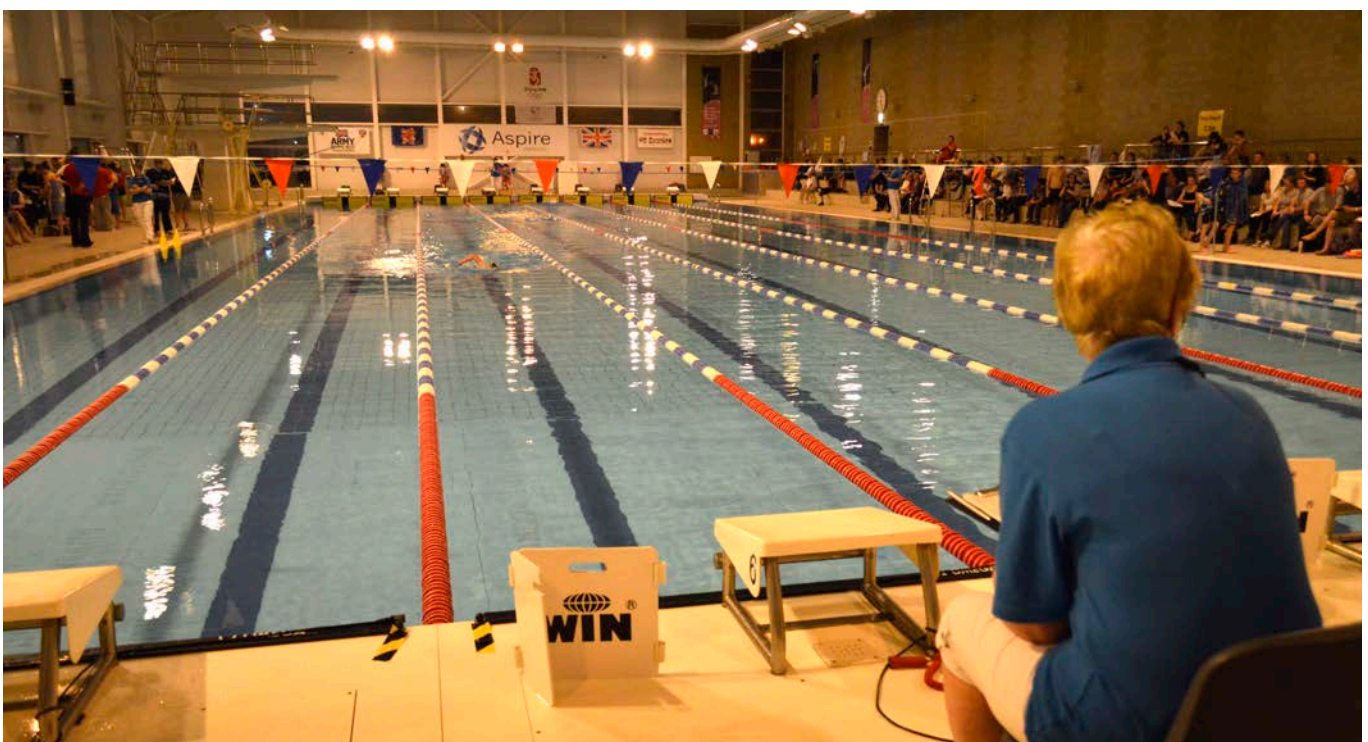


# THE CHAMPIONS

## DAY THREE @ ALDERSHOT



Day 3 of the **British Gas County Championships and Age Group Competitions** moved to the long course pool at Aldershot Garrison Sports Centre. There the grueling distance events were contested as well as the exciting 4x50 Medley and Freestyle Relays. Windsor's Lucy Campbell who won the 800 event also learnt she has been selected for Team GB in Mexico in a 10K race in a few weeks time. Congratulations to Lucy and her coach Matt Heathcock who will accompany her.



# COUNTY RELAYS 2013



**Mens Open 4x50 Medley LC Team**  
**Windsor A 1:54.92 (NCR)**  
Newbury 1:55.18  
Wycombe District 1:55.56

**Ladies Open 4x50 Medley LC Team**  
**Windsor A 2:05.54 (NCR)**  
Windsor B 2:08.06  
Bracknell A 2:008.82







**Mens Open 4x50 Freestyle LC Team**

**Windsor A 1:40.63 (NCR)**

Wycombe District A 1:42.08

Bracknell A 1:43.80



**Ladies Open 4x50 Freestyle LC Team**

**Windsor A 1:52.182 (NCR)**

Bracknell A 1:55.02

Wycombe District A1:57.04



# COUNTY RELAYS 2013



Lucy Campbell - Windsor

Albert Karavis - Windsor



**800 Freestyle County**

Lucy Campbell Windsor 9:09.55  
Rebecca Dutfield Windsor 9:22.33  
Nicole Ryan Windsor 9:25.13



**800 Freestyle Junior**

Nicole Ryan Windsor 9:25.13  
Connie Dean Maidenhead 9:27.02  
Emily Heslop Amersham 9:28.21



Nicole Ryan - Windsor

Hugo Bellamy - Amersham



**1500 Freestyle County**

Albert Karavis Windsor 17:06.73  
Luke Thomas Wycombe 17:06.93  
Hugo Bellamy Amersham 17:20.39



**1500 Freestyle Junior**

Hugo Bellamy Amersham 17:20.39  
Thomas Strudwick Amersham 18:24.09  
Tom Dean (n/p) Maidenhead 18:25.51



# THE CHAMPIONS

## DAY FOUR



Day 4 of the **British Gas County Championships and Age Group Competitions** returned to the Magnet Leisure Centre where the top Club for Boys and Girls and the BAGCAT Awards were decided. Congratulations go to **Amersham's** girls whose impressive performances throughout won them the Dockery Cup, and to **Newbury's** consistent boys who had a sparkling counties to lift the Ellen Trophy. 36 Age Group and County records were broken over the 4 days of competition. The finale was a session of exciting relays swum against a deafening backdrop of noise from the gallery. South East Region President Ray Hedger graciously presented trophies at the conclusion of the Championships.





**400 Freestyle Junior**

Hugo Bellamy Amersham 4:15.54  
 Thomas Strudwick Amersham 4:24.08  
 Luke Hollingsworth Amersham 4:25.04



**Connie Dean - Maidenhead**



**400 Freestyle County**

Jake Jezzard Newbury 4:06.56  
 Albert Karavis Windsor 4:09.13  
 Hugo Bellamy Amersham 4:15.54



**400 Freestyle Junior**

Connie Dean Maidenhead 4:24.97  
 Nicole Ryan Windsor 4:25.44  
 Emily Heslop Amersham 4:34.53

**James McFadzen - Newbury**



**400 Freestyle County**

Connie Dean Maidenhead 4:24.97  
 Rebecca Dutfield Windsor 4:25.43  
 Nicole Ryan Windsor 4:25.44



**100 Individual Medley Junior**

Connie Dean Maidenhead 1:07.09  
 Zara Ryan Newbury 1:08.71  
 Emily Heslop Amersham 1:09.66



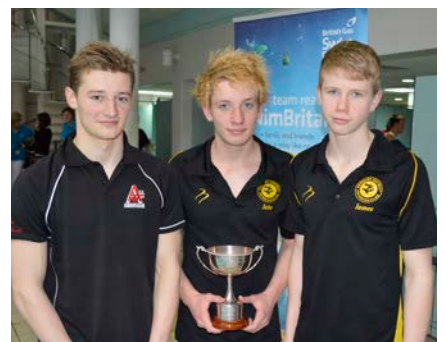
**100 Individual Medley County**

Lily Glover Windsor 1:06.98  
 Connie Dean Maidenhead 1:07.09  
 Eleanor Dolan Amersham 1:07.16



**100 Individual Medley Junior**

James McFadzen Newbury 1:02.91  
 Ben Goldfinch Windsor 1:05.88  
 Luke Hollingsworth Amersham 1:08.61



**100 Individual Medley County**

Jake Jezzard Newbury 1:00.09  
 Daniel Barraclough Amersham 1:01.62  
 James McFadzen Newbury 1:02.91



**50 Backstroke County**

Abigail Dow Maidenhead 30.99  
Eleanor Dolan Amersham 31.21  
Emily Heslop Amersham 31.72



**50 Backstroke Junior**

James McFadzen Newbury 29.41  
Craig Hodges Bracknell 30.28  
Luke Hollingsworth Amersham 30.41



**50 Backstroke County**

Jake Jezzard Newbury 27.55  
Daniel Barraclough Amersham 28.33  
Liam Jones Wycombe 28.40



**50 Backstroke Junior**

Emily Heslop Amersham 31.72  
Imogen McCalman Reading 32.25  
Nicole Ryan Windsor 32.30



**50 Breaststroke County**

Jamie Shields Bracknell 31.32  
Alexander Farrell Windsor 31.77  
Jeremy Miles Chesham 32.18



**50 Breaststroke Junior**

James McFadzen Newbury 33.35  
Ben Goldfinch Windsor 34.23  
Ross Calder Amersham 34.85



**50 Breaststroke County**

Florence Claringbold Windsor 34.84  
Lucy Rigby Windsor 35.33  
Connie Dean Maidenhead 35.38



**50 Breaststroke Junior**

Connie Dean Maidenhead 35.38  
=2nd Maisie Cossins Maidenhead 35.67  
=2nd Abbie Johnson Bracknell 35.67

**Abigail Dow - Maidenhead**

# COUNTY RELAYS 2013



## Boys BAGCAT 4x100 Medley Team

Newbury 4:31.34  
Amersham A 4:34.56  
Wycombe District 4:34.82



## Girls BAGCAT 4x100 Medley Team

Amersham A 4:41.74  
Maidenhead A 4:44.53  
Wycombe District 4:49.73





**Girls BAGCAT 4x100 Freestyle Team**  
**Amersham A 4:06.62 (NJR/BAGCAT Best time)**  
 Reading 4:15.77  
 Wycombe District 4:18.66

**Boys BAGCAT 4x100 Freestyle Team**  
**Reading 4:01.15 (NJR)**  
 Wycombe District A 4:02.61  
 Amersham A 4:07.71



**Berkshire & South Buckinghamshire ASA British Gas COUNTY CHAMPIONSHIPS 2013**



**Girls 10 Years & Under**

Ceara Barber Amersham 1480  
Zebina George Maidenhead 1350  
Charlotte Stevenson Bracknell 1313



**Boys 10 Years & Under**

Ellis Morgan Amersham 920  
Josh Roche Windsor 896  
Bradley Cox Bracknell 846



**Girls 12 Years**

Millie Pope Newbury 2374  
Meg Ormond Windsor 2320  
Danielle Kidd Wycombe 2316



**Girls 11 Years**

Caitlin Mackay Chesham 2022  
Ellie Cowan Newbury 1895  
Nancy Dean Maidenhead 1818



**Boys 11 Years**

Matthew Burton Windsor 1622  
Moritz Hoogers Windsor 1572  
Joel Lange Maidenhead 1563



**Boys 12 Years**

Tom Dean Maidenhead 2120  
Nimath Ukkash Windsor 1770  
Jack Endersby Reading 1755



**Girls 13 Years**

Holly O'Farrell Tilehurst 2697  
Imogen McCalman Reading 2694  
Thanya Jasinska Amersham 2644



**Ceara Barber - Amersham**



**Boys 13 Years**

Tom Garden Tilehurst 2062  
Reuben Alexander Bracknell 1941  
George Simmons Amersham 1933



**200 Breaststroke Junior**

Zara Ryan Newbury 3018  
Emily Heslop Amersham 2967  
Abbie Johnson Bracknell 2623



**Boys 14 years**

James McFadzen Newbury 2528  
Hugo Bellamy Amersham 2343  
Joshua Goble Reading 2315



# AMERSHAM GIRLS



## BAGCAT Overall Girls

Ceara Barber Amersham  
Connie Dean Maidenhead  
Ellie Cowan Newbury



Amersham Girls



## BAGCAT Overall Boys

Tom Dean Maidenhead

## Boys Youth 4x100 Medley Team

Bracknell A 4:04.34  
Windsor A 4:05.32  
Amersham A 4:08.71

## Girls Youth 4x100 Medley Team

Amersham A 4:29.73  
Windsor A 4:31.54  
Windsor B 4:37.80

## Boys 11&Under 4x50 Medley Team

Windsor A 2:24.20  
Wycombe District 2:26.87  
Amersham A 2:35.55

## Girls 11&Under 4x50 Medley Team

Bracknell A 2:31.31  
Newbury 2:32.16  
Chesham A 2:33.93

Newbury Boys



# NEWBURY BOYS

**Boys Youth 4x100 Freestyle Team**

Windsor A 3:37.60  
Amersham A 3:42.76

**Girls Youth 4x100 Freestyle Team**

Amersham A 3:59.55  
Windsor A 4:00.74  
Bracknell A 4:08.96

**Boys 11&Under 4x50 Freestyle Team**

Windsor A 2:05.74  
Wycombe District 2:10.84  
Amersham A 2:11.13

**Girls 11&Under 4x50 Freestyle Team**

Amersham A 2:10.95  
Newbury 2:14.33  
Chesham A 2:14.64

Windsor B 3:44.70

