

THE CHAMPIONS

DAY THREE @ ALDERSHOT



Day 3 of the **British Gas County Championships and Age Group Competitions** moved to the long course pool at Aldershot Garrison Sports Centre. There the grueling distance events were contested as well as the exciting 4x50 Medley and Freestyle Relays. Windsor's Lucy Campbell who won the 800 event also learnt she has been selected for Team GB in Mexico in a 10K race in a few weeks time. Congratulations to Lucy and her coach Matt Heathcock who will accompany her.

