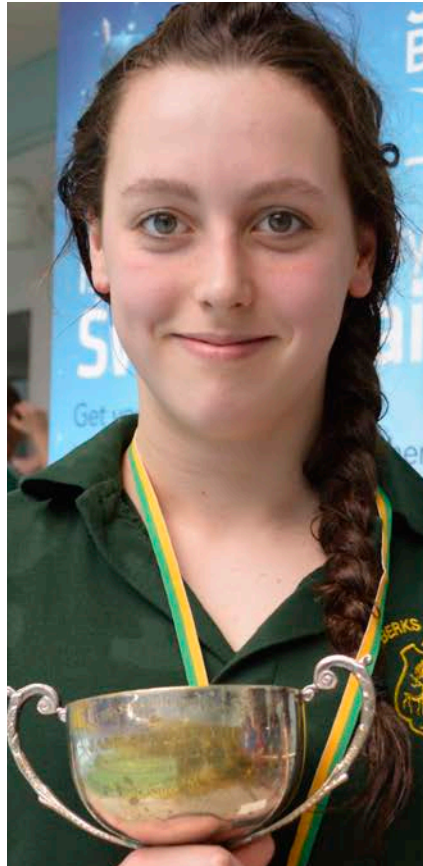




**400 Individual Medley Junior**  
 Zara Ryan Newbury 5:01.31  
 Connie Dean Maidenhead 5:04.17  
 Emily Heslop Amersham 5:08.06



**Zara Ryan - Newbury**



**400 Individual Medley County**  
 Zara Ryan Newbury 5:01.31  
 Connie Dean Maidenhead 5:04.17  
 Eleanor Dolan Amersham 5:06.32



**400 Individual Medley Junior**  
 Hugo Bellamy Amersham 4:58.67  
 Ben Goldfinch Windsor 4:59.65  
 Tom Dean Maidenhead 5:08.20



**400 Individual Medley County**  
 Jake Jeppard Newbury 4:37.37  
 Luke Thomas Wycombe 4:37.56  
 Alastair Bingham Windsor 4:48.34

**Jake Jeppard - Newbury**



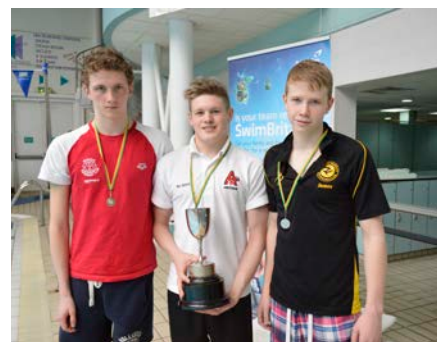
**200 Breaststroke Junior**  
 =1st Zara Ryan Newbury 2:52.38  
 =1st Abbie Johnson Bracknell 2:52.38  
 Thanya Jasinska Amersham 2:53.50



**200 Breaststroke County**  
 Sophie Elphick Amersham 2:33.40  
 Elinor Scanlon Maidenhead 2:43.83  
 Jody Turner Bracknell 2:44.79



**200 Breaststroke Junior**  
 James McFadzen Newbury 2:30.58  
 Joshua Goble Reading 2:39.59  
 Tom Dean Maidenhead 2:41.80



**200 Breaststroke County**  
 Max Elphick Amersham 2:29.26  
 James McFadzen Newbury 2:30.58  
 Alastair Bingham Windsor 2:33.94