

**BERKSHIRE & SOUTH BUCKINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION  
CENTENARY COUNTY AND AGE GROUP CHAMPIONSHIPS 2011**

**26 FEBRUARY AND 12, 13 & 26 MARCH 2011  
AT MAGNET LEISURE CENTRE, MAIDENHEAD, AND ALDERSHOT GARRISON POOL**

**INFORMATION FOR COMPETITORS**

**DIRECTIONS TO MAGNET LEISURE CENTRE (all sessions except 800m and 1500m Free)**

Directions and details of parking can be found at [http://www.rbwm.gov.uk/web/parking\\_magnetlc.htm](http://www.rbwm.gov.uk/web/parking_magnetlc.htm)

**DIRECTIONS TO ALDERSHOT GARRISON POOL (800m and 1500m Free only)**

Directions can be found at <http://bsbasa.org/champs/2010/Aldershot.htm>

**ACCEPTED SWIMS SUMMARY**

All swimmers who met the consideration times have been accepted. Please note that the 100m times shown on the Accepted Swims Summary for 10 & under Girls, 10 & under Boys and 11 year old Boys are their 200m times, reflecting that qualification is via the 200m event.

**ENTRY INFORMATION**

No cards will be produced except for team events and the 800m and 1500m Free (at Aldershot). Errors to the entry information shown overleaf can normally be corrected before the meet (please email [rjm7737@btinternet.com](mailto:rjm7737@btinternet.com) ). It is most unlikely that corrections will be possible on the day.

**WITHDRAWING FROM AN INDIVIDUAL EVENT (except 800m and 1500m Free)**

**It is very important that swimmers withdraw from any event they have entered but do not intend to swim. If swimmers do not withdraw, heats will inevitably be swum with empty lanes.** Swimmers should notify withdrawals to their club's team manager, who will then inform the meet organisers.

**POSTING CARDS (800m and 1500m Free only)**

Swimmers intending to swim in these events must post their cards prior to the start of the warm up.

**TEAM EVENTS**

Team declaration forms for each team entered will be included in coaches packs. These must be completed with the names of the swimmers who will swim and posted prior to 4:00pm on 26 March. Please note this is mid way through the session before the relay session. If you do not submit the form, your team will be withdrawn.

**REPORTING FOR EVENTS**

It is the responsibility of each swimmer to make sure they report to the competitor stewards in good time for their swim. Start lists will be posted on pool side before the start of each session. Please note that all individual events other than the 400m, 800m and 1500m Free are seeded fast to slow.

**SESSION TIMES**

Please note the actual session times differ slightly from those provisionally published. The revised session times are:

<u>Sess</u>	<u>Warmup / post cards /withdrawals</u>	<u>Racing starts</u>
1	18:15	18:45 <b>AT ALDERSHOT</b>
2	11:30	12:15
3	16:00	16:45
4	08:45	09:30
5	13:30	14:15
6	11:30	12:15
7	14:30	15:15
8	18:00	18:45

Team declaration forms to be posted by 4:00pm