



# **Berkshire & South Buckinghamshire Amateur Swimming Association**

(Sub regional body of the ASA South East Region)

## **Centenary County and Age Group Championships 2011**

(Under ASA Laws and ASA Technical Rules)

### **Entry Conditions and Procedure**

#### **Introduction**

2011 marks the centenary of the Berkshire & South Buckinghamshire ASA, so we hope that these championships will be something special. The celebration of our centenary is currently being planned, so you can expect to hear more of this in the next few Months.

The format of these championships have also changed following feedback from clubs and coaches after the 2010 championships. Full details are contained in this entry pack.

The County Championships and County Age Group Championships are run as an integrated meet and are governed by the County Championships Conditions and County Age Group Championships Conditions approved by the County Executive. These can be found on the BSBASA website ([www.bsbasa.org](http://www.bsbasa.org)). The key requirements of these Conditions are summarised in this entry procedure document.

#### **Eligibility**

Competitors who are members of clubs affiliated to the Association on the closing date for entries may enter individual events. However a competitor may only represent one club in the Championships. Furthermore a competitor who has entered BSBASA Championships in any other discipline in 2011 can only swim in the name of the same club represented in that earlier Championship. Finally a competitor who has swum in the Championship or Age Group Competitions of another county in 2011 may not enter.

All clubs affiliated to the Association may enter team events. Individual competitors selected to represent clubs must be eligible to enter individual events. The club of which a competitor has been in longest unbroken membership on the day of the event shall have first claim on his services for team events.

#### **Competitors with disabilities**

Competitors with disabilities may enter any event provided they meet the eligibility requirements above. Full details of their disability classification must be provided with the entry form. The qualifying times do not apply to competitors with disabilities, except that they must have achieved the 10 years and under qualifying time. There are no separate disability awards.

#### **Individual Events**

The following individual events are included in the championships

Freestyle	50m, 100m, 200m, 400m, 800m, 1500m
Backstroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Individual Medley	100m, 200m, 400m

There are separate events for male and female competitors. We will merge the slowest heats of the boys and girls 800m and 1500m freestyle events where this will reduce the overall number of

heats that will be required. But, the boys and girls affected will be placed in the appropriate boys/girls event. **Please note the 800m and 1500m events will be swum long course at Aldershot Garrison Sports Centre and not at Maidenhead.**

## Team Events

The following team events are included:

Open 4 x 100m Freestyle Team	Open 4 x 100m Medley Team
Youths 4 x 100m Freestyle Team	Youths 4 x 100m Medley Team
BAGCATS 4 x 100m Freestyle Team	BAGCATS 4 x 100m Medley Team
11 years & under 4 x 50m Freestyle Team	11 years & under 4 x 50m Medley Team

There are separate male and female events. The age conditions are as follows:

Youths	All girls must be 14 -17 years and Boys 15 -18 on 31 July 2011
BAGCATS	All girls must be 10 -13 years and Boys 10 -14 on 25 July 2011
11 years and under	All boys and girls must be 9 -11 years at 27 March 2011

There are no minimum consideration times for team events, and it is intended that the County team events should be a good opportunity for swimmers to gain experience of relay team racing. So, it is expected that there will be a wide range of entry times in each event. Would clubs and coaches please make sure that the entry times are appropriate for the team that is expected to swim on the day and think twice about entering teams that are likely to be way below the standards of any of the other competing clubs.

This year all the team events are in the same session which is the concluding session of the meet. We are hoping that this session will have that special atmosphere that is present at team events and will be a fitting conclusion to the Championships.

## Entry Procedure - General

All entries must be made via clubs on the designated entry forms. Individual and team entry forms can be downloaded from the website in separate documents. Clubs must nominate the person responsible for making their clubs entries by 31 December 2010. All entries must be made electronically and full details of the club entry procedure will be provided to the nominated entries co-ordinator.

**The closing date for entries from club co-ordinators is 26 January 2011. It is likely that clubs will impose an earlier internal date. No entries will be accepted after 26 January, and entry times cannot be updated after that date.**

Entry fees are £5.00 per individual event and £6.00 per team event. No entries will be accepted without payment of the appropriate entry fee. Except where it is not possible to accept entries (see below) entry fees are not refundable. Entry fees in respect of an incorrect entry will be forfeit.

## Entry Procedure - Individual events

Swimmers must have achieved the consideration time during the 12 months prior to the closing date. All consideration times are short course (ie 25m pool) times. Times achieved in pools of other lengths and converted using Equivalent Performance Tables are acceptable. Please note that these are consideration times only and depending on the volume of entries it may not be possible to accept all entries from swimmers who have achieved the consideration time. Where this is necessary, swimmers with the fastest times will be accepted taking into account the need to be fair between age groups. Where possible, swimmers who are not accepted may be nominated as reserves, and may be able to swim in the event of withdrawals.

Qualification for the 100m events (excluding the 100m IM) for 10 & under girls and 11 & under boys is by qualifying for the 200m event, ie those with a 200m qualifying time may also enter the 100m event. Swimmers to whom this applies should enter their 200m qualifying time in the "via 200m box" against the relevant 100m event on the entry form. They will be entered for the 100m event on their 200m time.

### **Entry Procedure - Team events**

It is not necessary to name the swimmers from whom each team will be selected on the entry form, however the names, dates of birth and ASA registration numbers of the selected swimmers must be declared on the team declaration form which must be posted before the start of the warm up of the session concerned.

### **Notification of Accepted Swims**

Accepted swims will be confirmed to clubs as soon as possible after the closing date. Accepted swims will also be posted at [www.bsbasa.org](http://www.bsbasa.org). It is the responsibility of clubs and swimmers to check entry details carefully before the meet. Processing errors notified before the start of the meet will be corrected. It is most unlikely that errors can be corrected once the meet has started.

### **Meet details**

The order of events is attached. Please note that the session times are provisional and will be confirmed once entries have been processed. Please also note the major change in format this year which was in response to feedback from the clubs at the end of last years championships. Swimmers should consider carefully which events they enter, and in particular the possibility that if they qualify for finals they may need to swim a number of races over a very short period of time. It will not be possible to have a break in the programme to accommodate multiple swims. Swimmers who qualify for finals (including B finals) are expected to swim in those finals, and withdrawals from finals should only occur in exceptional circumstances.

Swimmers whose entries have been accepted, but who do not intend to swim must withdraw (except for the 800m and 1500m, see below). Withdrawal must be notified to each club's designated team manager, who will in turn notify the meet organisers. Clubs must nominate team managers for each session no later than 12 February 2011. Clubs with an unacceptable level of unreported withdrawals will be reported to the Association's Executive who may impose a penalty, including a fine.

Cards will be sent with notification of entries acceptance for the 800m and 1500m freestyle events. Swimmers intending to compete must post these in the boxes provided prior to the start of the warm up of the Aldershot session. Team declaration forms will be included in coaches packs and must be collected at the start of session 2. These must be completed with the details of the swimmers who will actually compete and must similarly be posted prior to the start of the warm up of the team session (session 8) If forms are not posted, then swimmers and teams will not be able to swim. It is not necessary to withdraw from these events.

With the exception of the 400m, 800m and 1500m individual freestyle events and all team events, all heats will be seeded fast to slow (this is to allow the swimmers who are most likely to qualify for finals to have the greatest amount of rest). The 400m, 800m and 1500m individual freestyle events and all team events will be seeded slow to fast.

The meet will be held under ASA Laws and ASA Technical Rules, and in particular the one start rule shall apply.

## **Awards**

### Age group awards

Awards will be made to the winners in the following age groups,

10 & under, 11 years, 12 years, 13 years, 14 years, 15/16 years, and 17 years & over.

All age group awards will be made on a heat declared winner basis. Age Group Medals will be awarded for first, second and third place. Rosettes will be awarded for places 4 to 8. Ages are at 26 March 2011 (the final day of the championships).

### County Championship

For events of 200m and over, and the 100m Individual Medley, the County Championship will be decided on heat times. The County Championship Trophy and a County Championship Gold Medal will be awarded to the swimmer achieving the fastest time in the heats. The second and third fastest swimmers will be awarded County Championships Medals.

For 50m and 100m events (except the 100m Individual Medley) there will be County Championship finals. The fastest eight swimmers in the heats will swim the County Championship Final. The winner of the finals will be awarded the County Championship Trophy and a County Championship Gold Medal. The swimmers placed second and third will be awarded County Championships Medals. Swimmers placed ninth to sixteenth in the heats will swim a County Championship B Final. There are no awards for the B final. There will be two reserves, and B finalist and reserves will be promoted to the Championship final and B final respectively in the event of a faster swimmer withdrawing. There will be no swim offs for equal placed swimmers and in such cases the number of swimmers in the championship and B finals shall be reduced as necessary.

### Junior Championship

The Junior County Championship will be awarded to the fastest swimmer in the heats aged 14 years and under on 26 March 2011. In events where there are County Championship finals, times in the finals will not be taken into account. Winners will receive the Junior Championship trophy and a County Championship Gold Medal. The second and third fastest swimmers will be awarded County Championships Medals

### Team event awards

The winners of all team events will be determined on a heat declared winner basis.

The team winning the Open event will be awarded The County Championship Trophy and each swimmer will receive a County Championship Gold Medal. The team winning the BAGCAT event will be awarded The Junior Championship Trophy and each swimmer will receive a County Championship Gold Medal. Provided that there are at least four teams entered in each event, the team placed second will each receive a County Championship Medal, and provided there are at least six teams entered, the team placed third will also each receive a County Championship Medal.

For the Youth and 11 years and under team events, Age Group Medals will be awarded to each swimmer in the teams placed first, second and third. Rosettes will be awarded to each swimmer in the teams placed fourth to eighth.

### Aggregate awards

The male and female club aggregate awards trophies will be awarded to the club with the highest points score. Points will be awarded according to the final placings in the County Championship events, including the Open Team events, as follows:

First - 6 pts, Second - 5 pts, Third, - 4 pts , Fourth - 3 pts, Fifth - 2 pts, Sixth - 1 point.

The age group aggregate awards will be awarded to the 14 years and under girl and boy who achieve the highest points scores. Points will be awarded according the place achieved in the relevant age group for the following events:

50m Freestyle, 50m Backstroke, 50m Butterfly, 50m Breaststroke, 200m Freestyle and 200m Individual medley.

First - 6 pts, Second - 5 pts, Third, - 4 pts , Fourth - 3 pts, Fifth - 2 pts, Sixth -1 point.

### Trophies

Trophies awarded annually may be kept by the winners subject to completing the necessary documentation as regards its safekeeping and return. Any holder of a trophy who fails to return that trophy by the specified date shall not be allowed to take custody of any trophies which he or she might be awarded during the County Championships in that calendar year.

### BAGCAT awards

Trophies will be awarded to the winners of each of the following BAGCAT categories. Awards will be made to the swimmers placed second and third.

Age	Boys	Girls
<b>10 years &amp; under</b>	Sprint Best 50m Form Best 200m form stroke Distance 200/400 free IM Best 100/200 IM	Sprint Best 50m Form Best 200m form stroke Distance 200/400 free IM Best 100/200 IM
<b>11 years</b>	Sprint Best 50m Form Best 200m form stroke Distance Best 200/400 free IM Best 100/200 IM	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200 IM
<b>12 years</b>	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200/400 IM	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200/400 IM
<b>13 years</b>	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200/400 IM	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200/400 IM
<b>14 years</b>	Sprint Best 50m 100s Best 100m Form Best 200m form stroke Distance Best 200/400/800/1500 free IM Best 100/200/400 IM	

Only times achieved in heats will be taken into account for the BAGCAT awards.

### Other matters

Any matter not covered by the above conditions shall be determined by the Executive, and in the case of matters requiring a decision during the meet by the Championship Secretary.



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**Order of Events**

**Session 1                      Aldershot - 26 February                      Warm- up 18:15 for 18.45 start**

- 1    Girls 800m Freestyle
- 2    Boys/ 800m Freestyle
- 3    Girls 1500m Freestyle
- 4    Boys 1500m Freestyle

**Session 2                      Maidenhead – 12 March                      Warm- up 11.30 for 12.15 start**

- 5    Girls 200m Butterfly
- 6    Boys 200m Freestyle
- 7    Girls 100m Breaststroke
- 8    Boys 100m Breaststroke
- 9    Girls 200m Freestyle
- 10   Boys 200m Butterfly
- 11   Girls 100m Breaststroke - B Final
- 12   Girls 100m Breaststroke - County Championship Final
- 13   Boys 100m Breaststroke - B Final
- 14   Boys 100m Breaststroke - County Championship Final

**Session 3                      Maidenhead – 12 March                      Warm- up 15.30 for 16.15 start**

- 15   Girls 50m Butterfly
- 16   Boys 100m Freestyle
- 17   Girls 100m Freestyle
- 18   Boys 50m Butterfly
- 19   Girls 200m Individual Medley
- 20   Boys 200m Individual Medley
- 21   Girls 50m Butterfly - B Final
- 22   Girls 50m Butterfly - County Championship Final
- 23   Boys 100m Freestyle - B Final
- 24   Boys 100m Freestyle - County Championship Final
- 25   Girls 100m Freestyle - B Final
- 26   Girls 100m Freestyle - County Championship Final
- 27   Boys 50m Butterfly - B Final
- 28   Boys 50m Butterfly - County Championship Final

**Session 4                      Maidenhead – 13 March                      Warm- up 8.45 for 9.30 start**

- 29   Girls 400m Individual Medley
- 30   Boys 400m Individual Medley
- 31   Girls 100m Backstroke
- 32   Boys 100m Backstroke
- 33   Girls 200m Breaststroke
- 34   Boys 200m Breaststroke
- 35   Girls 100m Backstroke - B Final
- 36   Girls 100m Backstroke - County Championship Final
- 37   Boys 100m Backstroke - B Final
- 38   Boys 100m Backstroke - County Championship Final

**NB - Session times  
are provisional and  
will be confirmed with  
accepted entries**

**Session 5 Maidenhead – 13 March****Warm- up 13.15 for 14.00 start**

- 39 Girls 50m Freestyle
- 40 Boys 50m Freestyle
- 41 Girls 100m Butterfly
- 42 Boys 100m Butterfly
- 43 Girls 200m Backstroke
- 44 Boys 200m Backstroke
- 45 Girls 50m Freestyle - B Final
- 46 Girls 50m Freestyle - County Championship Final
- 47 Boys 50m Freestyle - B Final
- 48 Boys 50m Freestyle - County Championship Final
- 49 Girls 100m Butterfly - B Final
- 50 Girls 100m Butterfly - County Championship Final
- 51 Boys 100m Butterfly - B Final
- 52 Boys 100m Butterfly - County Championship Final

**Session 6 Maidenhead – 26 March****Warm- up 11.30 for 12.15 start**

- 53 Boys 400m Freestyle
- 54 Girls 400m Freestyle

**Session 7 Maidenhead – 26 March****Warm- up 14.30 for 15.15 start**

- 55 Boys 50m Backstroke
- 56 Girls 50m Backstroke
- 57 Boys 50m Breaststroke
- 58 Girls 50m Breaststroke
- 59 Boys 100m Individual Medley
- 60 Girls 100m Individual Medley
- 61 Boys 50m Backstroke - B Final
- 62 Boys 50m Backstroke - County Championship Final
- 63 Girls 50m Backstroke - B Final
- 64 Girls 50m Backstroke - County Championship Final
- 65 Boys 50m Breaststroke - B Final
- 66 Boys 50m Breaststroke - County Championship Final
- 67 Girls 50m Breaststroke - B Final
- 68 Girls 50m Breaststroke - County Championship Final

**Session 8 Maidenhead – 26 March****Warm- up 18.00 for 18.45 start**

- 69 Boys 11 & under 4 X 50m Freestyle Team
- 70 Girls 11 & under 4 X 50m Freestyle Team
- 71 Boys Youth 4 x 100m Freestyle Team
- 72 Girls Youth 4 x 100m Freestyle Team
- 73 Boys BAGCAT 4 x 100m Medley Team
- 74 Girls BAGCAT 4 x 100m Medley Team
- 75 Mens Open 4 x 100m Medley Team
- 76 Ladies Open 4 x 100m Medley Team
- 77 Boys 11 & under 4 X 50m Medley Team
- 78 Girls 11 & under 4 X 50m Medley Team
- 79 Girls Youth 4 x 100m Medley Team
- 80 Boys Youth 4 x 100m Medley Team
- 81 Boys BAGCAT 4 x 100m Freestyle Team
- 82 Girls BAGCAT 4 x 100m Freestyle Team
- 83 Mens Open 4 x 100m Freestyle Team
- 84 Ladies Open 4 x 100m Freestyle Team



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### Consideration times

#### GIRLS

	Age	10/u	11	12	13	14	15/16	17+
50m Freestyle		38.40	34.60	32.80	31.80	30.80	30.80	30.80
100m Freestyle	from 200		1.14.4	1.13.0	1.10.5	1.08.6	1.06.7	1.06.5
200m Freestyle		3.03.0	2.48.0	2.33.0	2.29.50	2.26.5	2.25.0	2.23.0
400m Freestyle		6.27.5	5.50.0	5.25.0	5.17.5	5.02.5	5.00.0	4.55.0
800m Freestyle		11.30.0	11.30.0	11.05.0	10.40.0	10.20.0	10.10.0	10.10.0
1500m Freestyle		22.00.0	22.00.0	21.30.0	20.10.0	20.00.0	19.50.0	19.40.0
50m Backstroke		44.0	40.5	37.8	36.8	35.8	35.0	34.8
100m Backstroke	from 200		1.26.0	1.22.0	1.19.5	1.17.5	1.17.0	1.16.5
200m Backstroke		3.27.0	3.08.0	2.57.0	2.51.0	2.47.0	2.44.5	2.40.0
50m Butterfly		43.5	39.2	37.0	36.2	34.8	34.0	34.0
100m Butterfly	from 200		1.27.0	1.24.5	1.20.0	1.17.5	1.15.0	1.15.0
200m Butterfly		3.50.0	3.38.0	3.23.0	3.05.0	2.50.0	2.46.5	2.44.0
50m Breaststroke		49.9	45.8	43.5	41.9	40.0	39.9	39.5
100m Breaststroke	from 200		1.37.0	1.33.5	1.31.0	1.27.0	1.27.0	1.27.0
200m Breaststroke		3.56.0	3.38.0	3.24.0	3.14.0	3.10.0	3.06.0	3.04.0
100m Ind Medley		1.36.5	1.29.5	1.23.5	1.20.00	1.18.2	1.17.7	1.17.2
200m Ind Medley		3.32.0	3.11.0	3.02.0	2.53.5	2.50.0	2.46.0	2.44.0
400m Ind Medley		7.00.0	6.25.0	6.05.0	5.55.0	5.45.0	5.42.0	5.40.0

#### BOYS

	Age	10/u	11	12	13	14	15/16	17+
50m Freestyle		38.4	34.6	32.3	30.9	29.4	28.3	28.3
100m Freestyle	from 200		from 200	1.13.0	1.09.0	1.04.75	1.00.5	59.0
200m Freestyle		3.05.0	2.53.0	2.37.0	2.25.0	2.17.0	2.13.0	2.10.0
400m Freestyle		6.27.5	6.04.0	5.34.0	5.10.0	4.52.5	4.40.0	4.35.0
800m Freestyle		10.50.0	10.50.0	10.50.0	10.00.0	9.30.0	9.20.0	9.20.0
1500m Freestyle		22.05.0	22.05.0	21.30.0	20.00.0	19.20.0	18.50.0	18.30.0
50m Backstroke		44.0	40.3	38.2	35.3	34.0	32.5	31.5
100m Backstroke	from 200		from 200	1.22.0	1.16.5	1.11.5	1.09.0	1.07.0
200m Backstroke		3.29.0	3.10.0	2.56.5	2.49.0	2.39.5	2.28.5	2.27.0
50m Butterfly		44.0	39.7	37.6	35.5	32.5	31.0	30.5
100m Butterfly	from 200		from 200	1.23.0	1.19.0	1.14.5	1.08.5	1.06.0
200m Butterfly		3.50.0	3.40.0	3.18.0	2.55.0	2.42.0	2.35.0	2.35.0
50m Breaststroke		50.0	46.0	44.0	40.5	38.5	37.0	36.0
100m Breaststroke	from 200		from 200	1.32.0	1.27.5	1.22.5	1.18.0	1.16.0
200m Breaststroke		3.56.0	3.38.0	3.26.0	3.14.0	2.56.0	2.50.0	2.45.0
100m Ind Medley		1.36.5	1.29.7	1.23.5	1.17.0	1.14.0	1.11.5	1.10.0
200m Ind Medley		3.34.5	3.16.5	3.02.5	2.49.0	2.40.5	2.32.0	2.29.0
400m Ind Medley		7.00.0	6.25.0	6.05.0	5.55.0	5.40.0	5.20.0	5.10.0

#### Notes

Qualification for the 100m events for 10 & under girls and 11 & under boys is by qualifying for the 200m event, ie those with a 200m qualifying time may also enter the 100m event.

Please note that these are consideration times only and depending on the volume of entries it may not be possible to accept all entries from swimmers who have achieved the consideration time. Where this is necessary, swimmers with the fastest times will be accepted taking into account the need to be fair between age groups.