## **BERKSHIRE &** SOUTH BUCKINGHAMSHIRE ASA

Sub-regional body of the ASA South East Region



## 4th DEVELOPMENT MEET

Sunday, 11th October 2015 **Short Course at Bracknell Leisure Centre,** Bagshot Road, Bracknell, RG12 9SE Licensed - Level 3 - 3SE151338

## ENTRY FORM AND INFORMATION PACK

Promoter: Berkshire & South Buckinghamshire ASA

(queries should be addressed to the Entries Secretary)

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**Entries secretary:** Jonathan Mills.

Telephone: 07802 175797

Email: webmaster@bsbasa.org

#### PROMOTER'S CONDITIONS AND GENERAL INFORMATION

#### **Eligibility**

This meet is open to swimmers from clubs affiliated to Berkshire & South Buckinghamshire ASA aged 10-14 (at 31 December 2015) and is aimed at swimmers who do not regularly achieve county times and the upper limit time has been set to reflect this.

#### **Qualifying and Upper Limit Times**

In accordance with the ASA guidelines for licensed meets, swimmers must have achieved a "Qualifying Time" to enter all events. Also, as the meet is Level 3 licensed, there are Upper Limit Times and swimmers may not have achieved a time faster than the Upper Limit Time. The Qualifying and Upper Limit Times are attached and are all short course times. There are no qualifying times for the relay events.

It may be necessary to restrict the number of entries to keep the meet running time within the limits imposed by the ASA. Where this is the case, preference will be given to swimmers with the fastest times taking into account the need to be fair between age groups.

#### **Entry procedure**

All entries must be made and paid for on-line by following the link at www.bsbasa.org. The entry fee is £5.25 per individual event and £7.00 for relays. No entries will be accepted without payment of the appropriate fees.

All entry times should be short course (either short course, or converted long course), and must be achieved after 1 September 2014.

The on-line entry system will import your fastest qualifying time since 1 September 2014 (either short course of converted long course) from ASA Rankings. You enter this by clicking the green "PB". Where you have achieved a faster time (but still slower that the Upper Limit Time) since 1 September 2014 at a non-licensed meet you should overwrite the imported time with this achieved time. If you have no qualifying time on ASA Rankings you will be able to enter a time achieved at a non-licensed meet (provided that it falls between the Qualifying and Upper Limit Time).

Where you have a time achieved since 1 September 2014 (either short course, or converted long course) on ASA Rankings that is faster than the Upper Limit Time, you are not eligible to enter and the on-line entry system will prevent you from entering.

The promoter reserves the right to seek confirmation of submitted times from non-licensed meets. Entries must be made by midnight on **22 September 2015**.

As soon as possible after the closing date, a list of accepted/rejected entries, together with key swimmer information will be posted at <a href="https://www.bsbasa.org">www.bsbasa.org</a>.

The on-line entry process includes a confirmation that all entries meet the entry conditions, and in particular that:

- all entrants are registered category 2 swimmers with their ASA numbers as recorded on the entry forms.
- the swimmers have all read and understood the Promoter's Conditions and accept them.
- all entrants are Club members and the swimmers wish to swim in the name of that Club,
- the dates of birth declared and entry times have been checked and found to be correct,
- all entrants' details, i.e. Name, Date of Birth and Club are the same as is recorded on their ASA Registration. This is necessary to facilitate the compilation of National Rankings.

In addition, by entering competitors are confirming that they have not achieved a time (either short course or converted long course) faster that the Upper Limit Time since 1 September 2014.

The names of the swimmers in the relay events do not need to be declared as part of the entry process. The names are declared as part of the registration process on the day (see below). Entry times for team events may be estimated. Clubs may enter more than one relay team for each event.

Entries for this meet will be held on a computer and consent, as required by the Data Protection Act, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on advance application to the Promoter.

Where it has been necessary to restrict entries a refund will be made for any rejected entries. No refunds will be made for entries withdrawn after the closing date.

#### **Competitors with disabilities**

Classified Disability Swimmers may enter any event provided they meet the eligibility requirements above. The qualifying times will be extended by 25% (subject to the promoter's discretion) and competitors wishing to take advantage of the extended qualifying times should contact the organisers (championships@bsbasa.org) regarding the entry process.

#### Poolside passes

Each Club is entitled to apply for a **maximum of 4 Poolside Passes**. Poolside passes are available at £7.50 each and cover admission to poolside and a programme. Please note that we will <u>not</u> be providing catering for coaches. Invitations for Poolside passes will be issued to competing clubs and must be requested and paid for using the on-line entry system. **Clubs entering more than 5 swimmers are required to purchase at least one poolside pass.** 

#### **ASA law**

The meet will be held under ASA Laws & ASA Technical Rules of Racing. No jury of appeal will be appointed. Over the top starts will be used wherever possible. Swimmers must remain in their lane after finishing their race until the next race has started, or instructed to leave the pool by the referee. Swimmers should leave the pool promptly by the sides, so as not to interfere with the timing equipment.

#### Recognition of times

This Meet has been licensed at level 3 by the ASA. Times recorded at the meet will be accepted for entry into District and Regional Competitions and Championships, and will be sent to the ASA for inclusion in the National Rankings.

#### **Programme of events**

The programme of events for the meet is attached. All individual events are open to all ages. All age groups will be swum together, and the Age Groups for awards are:

Girls and Boys: 10 years, 11 years, 12 years, 13 years, 14 years,

Ages are at 31 December 2015. Swimmers under 10 and over 14 at 31 December 2015 may not enter.

The relay teams should comprise 2 boys and 2 girls who may swim in any order. All team swimmers must be eligible for and have entered at least one individual event (but may swim any stroke in a relay team).

The Promoter reserves the right to amend the Programme to ensure the smooth running of the Meet.

#### **Awards**

All events are Heat Declared Winner (HDW). Heats will be seeded from submitted entry times with slowest swimmers first. The final heat will be spearheaded. Awards will be made to the fastest three swimmers in each age group, and to the fastest three relay teams.

#### Other conditions

Competitors in the first event of each session must report to the Stewards 10 minutes before the scheduled start time. Competitors in other events must report to the Stewards one clear event before the event in which they are swimming.

Registration for competitors will be situated at the top of the stairs and will be closed at the times stated. Only competitors intending to swim should register. If a competitor does register and notice of withdrawal is not given to the Competitors' Helpdesk, that competitor will be deemed to have retired from all other events at the Meet.

Clubs will be sent relay team declaration sheets before the event. These must be completed with the names of the swimmers who will swim and the swim order, and must be given to the meet administration team prior to the "registration before" time for the relevant session.

Any matter not covered by the above conditions shall be determined by the BSBASA Performance Swimming Events Committee, and in the case of matters requiring a decision during the meet by the Chairman (of that committee) in conjunction with as many of the committee who are available. The Promoter reserves the right to amend any of the conditions in this document to ensure the smooth running of the Meet.

#### Warm-up facilities

The competition and training pools will be available for warm-up before the start of each session; see the summary programme for warm up timings.

#### **Spectators**

There is spectator seating and Bracknell Leisure Centre has a spacious cafeteria and bar serving a selection of hot & cold food, snacks and beverages.

#### Still and video photography

In line with ASA guidance on the taking of photos, the promoters of this event will require that any person wishing to engage in any video or still photograph (including mobile phones and tablet computers) register their details at the spectator entrance desk before carrying out any such photography. They will be issued with a white wrist band which must be worn and visible at all times. Once registered we are happy for them to take photos and videos where their swimmer is the main subject of the photo. Any such photos and videos may only be for their own personal use and cannot be broadcast or published without the prior written consent of the Promoter. The Berkshire and South Buckinghamshire ASA will also have an official photographer to record the competition and images and video may be used for County publications and the County website (within the relevant ASA guidance). By entering, swimmers accept that their image may be captured and used as described above, Swimmers and parents who do not wish their images to be used should contact the promoter in advance of the event.

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#### **SUMMARY PROGRAMME OF EVENTS**

### Sunday 11 October 2015

Session 1*	Warm-up:	11.15	Start:	11:45,	Registration before:	11.15
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Event
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1	Girls	200m	Freestyle
2	Boys	200m	Freestyle
3	Girls	50m	Butterfly
4	Boys	50m	Butterfly
5	Girls	100m	Breaststroke
6	Boys	100m	Breaststroke
7	Girls	50m	Freestyle
8	Boys	50m	Freestyle
9	Girls	100m	Backstroke
10	Boys	100m	Backstroke
11	Mixed	4 x 50ı	m 14 & under Medley relay

Session 2\* Warm-up: 15:30, Start: 16:00, Registration before: 15:30

#### **Event**

12	Girls 100	m Individual Medley
13	Boys 100	m Individual Medley
14	Girls 50r	n Backstroke
15	Boys 50r	n Backstroke
16	Girls 100	m Butterfly
17	Boys 100	m Butterfly
18	Girls 50r	n Breaststroke
19	Boys 50r	n Breaststroke
20	Girls 100	m Freestyle
21	Boys 100	m Freestyle
22	Mixed 4 x	50m 14 & under Freestyle relay

#### Estimated finish\* 19:00

<sup>\*</sup> Please note all times are tentative and will be confirmed once all of the entries for the Meet have been processed. Full details will be sent with confirmation of entries.

# BSBASA DEVELOPMENT MEET - 11 OCTOBER 2015 QUALIFYING AND UPPER LIMIT TIMES

#### All times are short course i.e. a 25m pool:

GIRLS						
	Age	10	11	12	13	14
50m Freestyle	ULT	38.0	34.2	32.4	31.4	30.4
	QT	45.5	42.5	39.9	37.7	36.2
100m Freestyle	ULT	01.17.0	01.12.0	01.11.0	01.09.0	01.07.5
	QT	01.36.0	01.31.8	01.25.7	01.21.1	01.17.8
200m Freestyle	ULT	02.51.0	02.40.0	02.28.0	02.24.0	02.22.0
	QT	03.34.0	03.18.2	03.04.7	02.54.3	02.47.6
50m Backstroke	ULT	42.5	39.5	36.7	36.0	35.0
	QT	51.7	48.1	45.1	42.6	40.8
100m Backstroke	ULT	01.30.0	01.25.0	01.19.5	01.17.0	01.15.0
	QT	01.48.0	01.42.5	01.35.2	01.29.7	01.26.1
50m Butterfly	ULT	41.5	38.5	36.0	35.0	34.0
	QT	49.9	46.5	43.5	41.0	39.3
100m Butterfly	ULT	01.30.0	01.24.0	01.20.5	01.17.0	01.14.5
	QT	01.48.0	01.42.1	01.34.6	01.29.3	01.25.2
50m Breaststroke	ULT	48.5	43.9	42.0	41.0	39.0
	QT	58.8	54.3	50.6	47.6	45.5
100m Breaststroke	ULT	01.42.0	01.36.0	01.32.0	01.29.0	01.25.0
	QT	02.03.0	01.56.4	01.48.5	01.41.6	01.36.7
100m Ind Medley	ULT	01.34.0	01.29.0	01.22.5	01.18.0	01.17.0
	QT	01.52.7	01.46.2	01.39.4	01.33.4	01.30.1
BOYS	_					
	Age	10	11	12	13	14
BOYS 50m Freestyle	UĹT	<b>10</b> 37.0	34.0	31.5	30.0	28.8
50m Freestyle	ULT QT	<b>10</b> 37.0 45.3	34.0 42.3	31.5 39.7	30.0 37.0	28.8 34.4
	ULT QT ULT	<b>10</b> 37.0 45.3 01.19.0	34.0 42.3 01.13.0	31.5 39.7 01.10.0	30.0 37.0 01.04.0	28.8 34.4 01.03.0
50m Freestyle 100m Freestyle	ULT QT ULT QT	10 37.0 45.3 01.19.0 01.38.0	34.0 42.3 01.13.0 01.31.9	31.5 39.7 01.10.0 01.25.7	30.0 37.0 01.04.0 01.19.6	28.8 34.4 01.03.0 01.14.1
50m Freestyle	ULT QT ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0	34.0 42.3 01.13.0 01.31.9 02.42.0	31.5 39.7 01.10.0 01.25.7 02.33.0	30.0 37.0 01.04.0 01.19.6 02.18.0	28.8 34.4 01.03.0 01.14.1 02.14.0
50m Freestyle 100m Freestyle 200m Freestyle	ULT QT ULT QT ULT QT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6
50m Freestyle 100m Freestyle	ULT QT ULT QT ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke	ULT QT ULT QT ULT QT ULT QT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2
50m Freestyle 100m Freestyle 200m Freestyle	ULT QT ULT QT ULT QT ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke	ULT QT ULT QT ULT QT ULT QT ULT QT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke	ULT QT ULT QT ULT QT ULT QT ULT QT ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly	ULT QT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly 100m Butterfly	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0 48.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7 44.0	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5 42.0	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3 38.5	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7 37.3
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly 100m Butterfly 50m Breaststroke	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0 48.0 58.8	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7 44.0 54.5	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5 42.0 50.8	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3 38.5 46.8	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7 37.3 43.5
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly 100m Butterfly	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0 48.0 58.8 01.48.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7 44.0 54.5 01.39.0	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5 42.0 50.8 01.31.0	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3 38.5 46.8 01.26.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7 37.3 43.5 01.21.0
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly 100m Butterfly 50m Breaststroke 100m Breaststroke	ULT QT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0 48.0 58.8 01.48.0 02.05.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7 44.0 54.5 01.39.0 01.57.5	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5 42.0 50.8 01.31.0 01.49.4	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3 38.5 46.8 01.26.0 01.40.7	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7 37.3 43.5 01.21.0 01.33.5
50m Freestyle 100m Freestyle 200m Freestyle 50m Backstroke 100m Backstroke 50m Butterfly 100m Butterfly 50m Breaststroke	ULT QT ULT	10 37.0 45.3 01.19.0 01.38.0 02.55.0 03.35.4 42.0 51.8 01.33.0 01.50.0 41.0 50.3 01.33.0 01.49.0 48.0 58.8 01.48.0	34.0 42.3 01.13.0 01.31.9 02.42.0 03.19.9 38.5 48.2 01.25.0 01.42.8 39.0 46.5 01.26.5 01.42.7 44.0 54.5 01.39.0	31.5 39.7 01.10.0 01.25.7 02.33.0 03.06.9 36.7 45.4 01.19.0 01.36.2 36.5 43.8 01.20.0 01.35.5 42.0 50.8 01.31.0	30.0 37.0 01.04.0 01.19.6 02.18.0 02.53.9 34.0 41.9 01.13.0 01.28.9 34.0 40.6 01.15.0 01.28.3 38.5 46.8 01.26.0	28.8 34.4 01.03.0 01.14.1 02.14.0 02.41.6 33.0 39.2 01.08.0 01.22.4 31.5 37.6 01.10.5 01.21.7 37.3 43.5 01.21.0

#### Ages are at 31 December 2015.

ULTs and QTs times are stated to tenths. For the avoidance of doubt, where the ULT is stated as (say) 1:17.0, times of 1:17:00 and 1:17.01meet the entry criterion, but 1:16.59 does not, and where the QT is stated as (say) 1:32.7, time of 1:32.70 and 1.32.69 meet the entry criterion, but 1:32.71 does not.

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