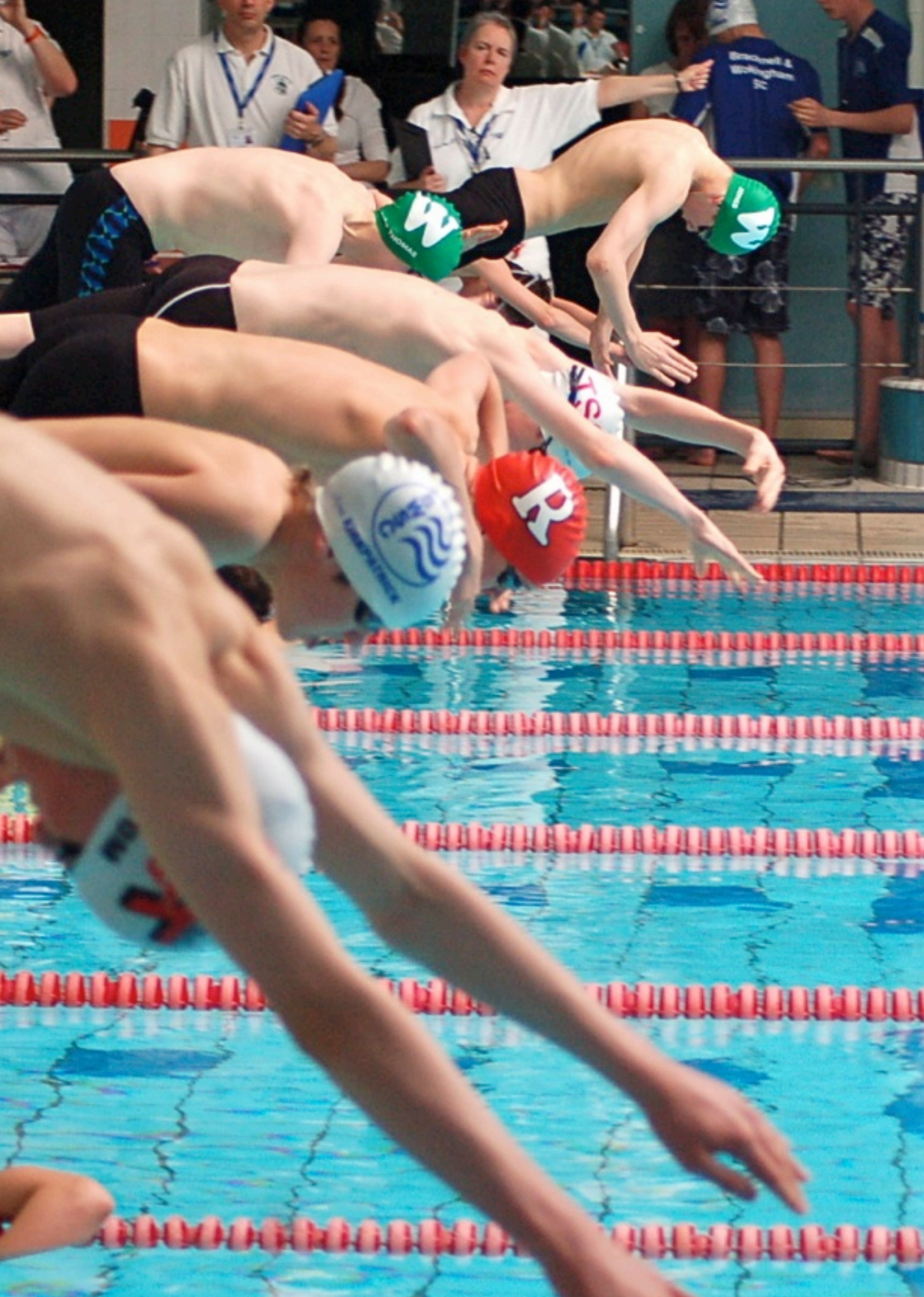




Berkshire & South Buckinghamshire ASA

# 100 YEARS OF SWIMMING EXCELLENCE







1911-2011

# BERKSHIRE & SOUTH BUCKS CENTENARY REVIEW

When I was nominated to represent Chesham Swimming Club as their representative on the Berkshire and South Buckinghamshire ASA County Executive Committee, I never once imagined that I would have the honour of being President of our County Association at the time of celebrating 100 years of swimming activities.

Berkshire and South Buckinghamshire ASA (B&SB ASA) is a sub regional body of ASA South East Region and works hard to represent and support our clubs involved in the disciplines of Swimming, Diving, Water Polo and Synchronised Swimming within our Association boundaries. All Officers and members of our County Committees are representatives from our B&SB Clubs and are volunteers.

Our aquatic disciplines and the facilities have continued to develop significantly over the years. How things were 50 years ago compared to today is quite radical. Past President of our Association, Tom Chambers, recalls this about swimming. "I can only go back to 1957, when there were only two indoor pools in the County - Slough Swimming Centre and the Arthur Hill pool in Reading, where races were finished at a rope!

"Our County was one of the first to hold age group competitions, and for county championships, clubs had to bid to hold them. As the other clubs such as Wycombe and

Maidenhead had only outdoor pools, invariably Reading and Slough got to host the best of the meets. Initially, Windsor SC got very few of the championship or age group meets because they held them in the River Thames until their indoor pool was built in about 1960."

Now in 2012, an exciting 'Olympic Year' for our county, on behalf of the County Association I would like to thank all those people, past and present, who have contributed to the success of Berkshire & South Buckinghamshire ASA. It remains very important for us all to encourage and support our young competitors in their achievements and ambitions going forward.

I would also like to take this opportunity to thank John Rowley, our County Public Relations Officer, for his research and hard work in designing and compiling this centenary brochure. 100 years of history is a difficult task to present in a manageable format and I hope you will find this publication both enjoyable and informative.

Yours sincerely,

*Nigel Brand*

President, Berkshire & South Buckinghamshire ASA

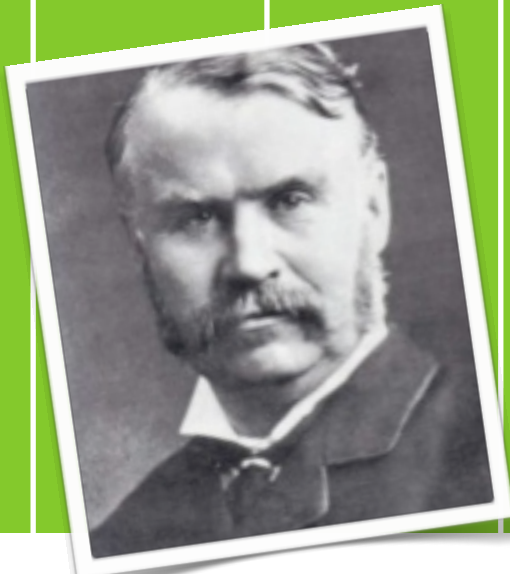


# 1911

Nine days after the coronation of King George V on 22nd June, the King and Queen, processed from Slough through Eton and onto to Windsor (the Royal Progress) in an open landau. With them were Princess Mary, aged 14 and Prince George, aged 9. Here they are halted on Windsor Bridge on their way from from Eton.



January	February	March	April	May	June
<p>The Academie des Sciences in France refuses membership to Marie Curie, the woman who discovered radium</p> <p>Liberal Herbert Asquith was Prime Minister in 1911, coming to power in 1908. He remained PM until 1916</p> <p>George V had become King the previous year</p> <p>Siege Of Sidney Street in East End took place between police and 3 anarchists</p>	<p>Ramsay Macdonald becomes new Labour chairman</p> <p>Future US President Ronald Reagan is born</p>	<p>Clocks in France are put back 9 minutes 21 seconds to join the world on Greenwich Mean Time</p> <p>Glenside wins the Grand National after race in which only four out of 26 runners finished</p>	<p><b>Berkshire and South Buckinghamshire is founded on 25 April</b></p> <p>In 1911 Census one in seven of every employed persons is a domestic servant</p> <p>Population of Great Britain reaches 45 million, up from 41.8 million ten years earlier</p> <p>Bradford City beat Newcastle United 1-0 to win the FA Cup Final</p> <p>Old Etonians bewail the abolition of the birch in upper school.</p>	<p>The White Star Shipping line launches the SS Titanic, the largest vessel afloat, in Belfast.</p> <p>The first ocean liner with an outside swimming pool is the White Star SS Olympic</p> <p>Festival of Empire opened at Crystal Palace to celebrate Coronation of George V and Queen Mary</p> <p>First British Airship is wrecked at Aldershot</p> <p>WS Gilbert drowns in rescue attempt in his Harrow swimming pool</p>	<p>Coronation of George V and Queen Mary at Westminster Abbey</p> <p>Harry Vardon won the English Championships at Sandwich to record his 5th Open victory at the age of 41. He won a play off on the 35th hole against Arnaud Massy</p>



## WS Gilbert drowns in rescue attempt

May 30 Sir WS Gilbert died suddenly yesterday by drowning in his swimming pool at his home near Harrow, Grim's Dyke. Although he was 74 he was in the habit of taking a daily swim in the pool. He was accompanied by two schoolgirls, to whom he was giving swimming lessons when one of them got into difficulties. Sir William swam to her very fast and when she placed her

hand on his shoulder, he suddenly sank and failed to reappear. His body was recovered from the bottom of the eight foot deep pond by two gardeners using a boat. A heart attack is suspected. Gilbert was the man who wrote the words for the highly successful comic operettas with composer Arthur Sullivan.



Bradford City, winners of the FA Cup Final in 1911

# 1911



July	August	September	October	November	December
<p>Ruins of Inca city of Machu Picchu, discovered by US archaeologist, Hiram Bingham high in the Andes</p> <p>The first windscreen wipers, a rubber device operated by a piece of string, are fitted to a Benz</p> <p>Severe Heatwave and drought starts that lasts until September</p> <p>Anthony Wilding becomes the Mens Singles champion while Penelope Boothby become the Ladies champion at Wimbledon</p>	<p>Leonardo's Mona Lisa is stolen from the Louvre in Paris</p> <p>Official Secrets Act passed for the first time</p> <p>Riots rock Britain 50,000 troops called in. Two sot dead in Liverpool.</p> <p>Hottest day for 70 years recorded in London, 97°F, sends death rate soaring.</p>	<p>The first swimmer to complete a Channel Crossing for 36 years is UK swimmer Thomas Burgess</p> <p>A two-week experimental airmail service is set up between Hendon and Windsor in the UK</p> <p>French Poet and Art critic Guillaume Apollinaire is arrested for stealing the Mona Lisa</p>	<p>The first electric escalators installed at Earsl Court tube station</p> <p>First Model T Ford produced outside US rolls off the production line in Manchester</p>	<p>Suffragettes storm Parliament, all arrested and they elect to go to prison</p>	<p>Norwegian explorer Roald Amundsen become the first man to reach the South Pole</p> <p>Alexander's Ragtime band, a tune by US songwriter Irving Berlin is the hit tune of the year</p>



## First channel swim for 36 years

Sept 6 - A full 36 years after Matthew Webb first swam the English Channel, his feat was emulated today. At the 13th attempt, after a swim of more than 22 hours 30 minutes from Dover (an hour longer than Webb) Thomas Burgess, a Yorkshireman from Rotherham, waded ashore at Cape Gris Nez.



# THEY CLIMBED THE HIGHEST HEIGHTS

County Swimmers who represented Team GB at the highest level

- 1978** **European Championships in Split**  
**Phil Hubble Slough Dolphins**  
Silver medal 200m Butterfly
- 1978** **Commonwealth Games in Edmonton, Canada**  
**Phil Hubble Slough Dolphins**  
Bronze medal 200m Butterfly  
**Phil Hubble Slough Dolphins**  
Bronze medal 4 x 200 F/s Team
- 1980** **Olympics in Moscow. USSR**  
3 swimmers from our Association competed for Great Britain.  
**Phil Hubble Slough Dolphins**  
Silver medal in the 200m Butterfly 2.01.20  
6<sup>th</sup> in the semi-final of 100m Butterfly 56.51  
4x200m F/s Team member 6<sup>th</sup> 7.30.81  
**Peter Morris Bracknell**  
4<sup>th</sup> in the 200m Butterfly 2.02.27  
**Jane Admans Slough Dolphins**  
200m Backstroke 2.18.20 5<sup>th</sup> in Heat 1
- 1982** **Commonwealth Games in Brisbane, Australia**  
**Phil Hubble Slough Dolphins**  
200m Butterfly Gold medal  
100m Butterfly Silver medal  
4 x 100 F/s team Silver medal  
4x 100m Medley team Silver medal  
4 X 200m F/s team Silver medal
- 1984** **Olympics in Los Angeles, United States**  
**Philip Hubble Slough Dolphins**  
8<sup>th</sup> 'B' final 200m Butterfly 2.03.06
- 2000** **Olympics in Sydney, Australia**  
**Rebecca Cooke Reading**  
800m F/s 8.43.22, 4<sup>th</sup> in Heat 2, ranked 15<sup>th</sup> overall
- 2000** **European Championships in Valencia, Spain**  
**Rebecca Cooke Reading**  
400 F/s Bronze medal  
800 F/s Silver medal
- 2002** **Commonwealth Games in Manchester**  
**Rebecca Cooke Reading**  
400 F/s Gold medal  
800F/s Gold medal
- 2003** **World Championships (LC) Barcelona, Spain**  
**Rebecca Cooke Reading**  
800 F/s Bronze medal
- 2003** **European Championships (SC) Dublin, Ireland**  
**Rebecca Cooke Reading**  
400 F/s Silver medal  
800 F/s Silver medal
- In the Summer Universiade in Daegu (2003), Rebecca won gold medals in 400 F/s, 800 F/s and 1500 F/s and Bronze in 400IM
- 2004** **Olympics in Athens, Greece**  
**Rebecca Cooke Reading**  
400m F/s 2<sup>nd</sup> in Heat 4 in 4.08.18; ranked 5<sup>th</sup> to go into final  
8<sup>th</sup> in 400m F/s final with a time of 4.11.35  
800m F/s 1<sup>st</sup> in Heat 3, ranked 2<sup>nd</sup> to go to final  
800m F/s final, 6<sup>th</sup> place in 8.29.37  
**Simon Burnett Wycombe District**  
4<sup>th</sup> in the 4 x 200F/s Team 7.12.60  
7<sup>th</sup> in the 200 F/s 1.48.02
- In the Summer Universiade in Izmir (2005), Rebecca won silver medals in 400 F/s, 1500 F/s and 400 IM
- 2006** **World Championships (SC) in Shanghai**  
**Rebecca Cooke Reading SC**  
800 F/s Bronze medal
- 2006** **European Championships (LC) in Budapest, Hungary**  
**Rebecca Cooke**  
800 F/s Bronze medal  
**Simon Burnett**  
Silver medal 4 x 200 F/s team  
Bronze medal 4 X 100 Medley Team
- 2006** **Commonwealth Games in Melbourne, Australia**  
**Rebecca Cooke**  
800 F/s Gold medal  
400 IM Silver medal

**Simon Burnett**

100 F/s Gold medal 48.57 (new Commonwealth and British record)  
200 F/s Silver medal 1.47.38

**Simon Burnett**

4 x 200 F/s Team Gold medal  
4 x 100 F/s Team fourth

**2008 Olympic Games in Beijing, China**

**Simon Burnett – Wycombe District SC**

8<sup>th</sup> in final 4 x 100 F/s Team \*3.12.90  
(Simon was 1<sup>st</sup> leg 48.20s)

\*This was GB National Record

6<sup>th</sup> in final 4 x 100 Medley Team 3.33.70

**2010 Commonwealth Games in Delhi, India**

**Andrew Willis Bracknell & Wokingham**

100 Breaststroke

Semi Finalist coming =10<sup>th</sup> in 1:01.84

200 Breaststroke

4<sup>th</sup> in Final in 2:11.49 (missing out on Bronze to Christian Sprenger's 2:11.44)

**Simon Burnett**

Silver medal 100m F/s

Silver medal 4 x 100 F/s Team

Bronze medal 4 x 100 Medley Team

**2011 World Championships in Shanghai, China**

**Andrew Willis Bracknell & Wokingham**

200 Breaststroke 8<sup>th</sup> in Final 2:11.29

200 Breaststroke 5<sup>th</sup> in Semi Final 2:10.49

**Simon Burnett**

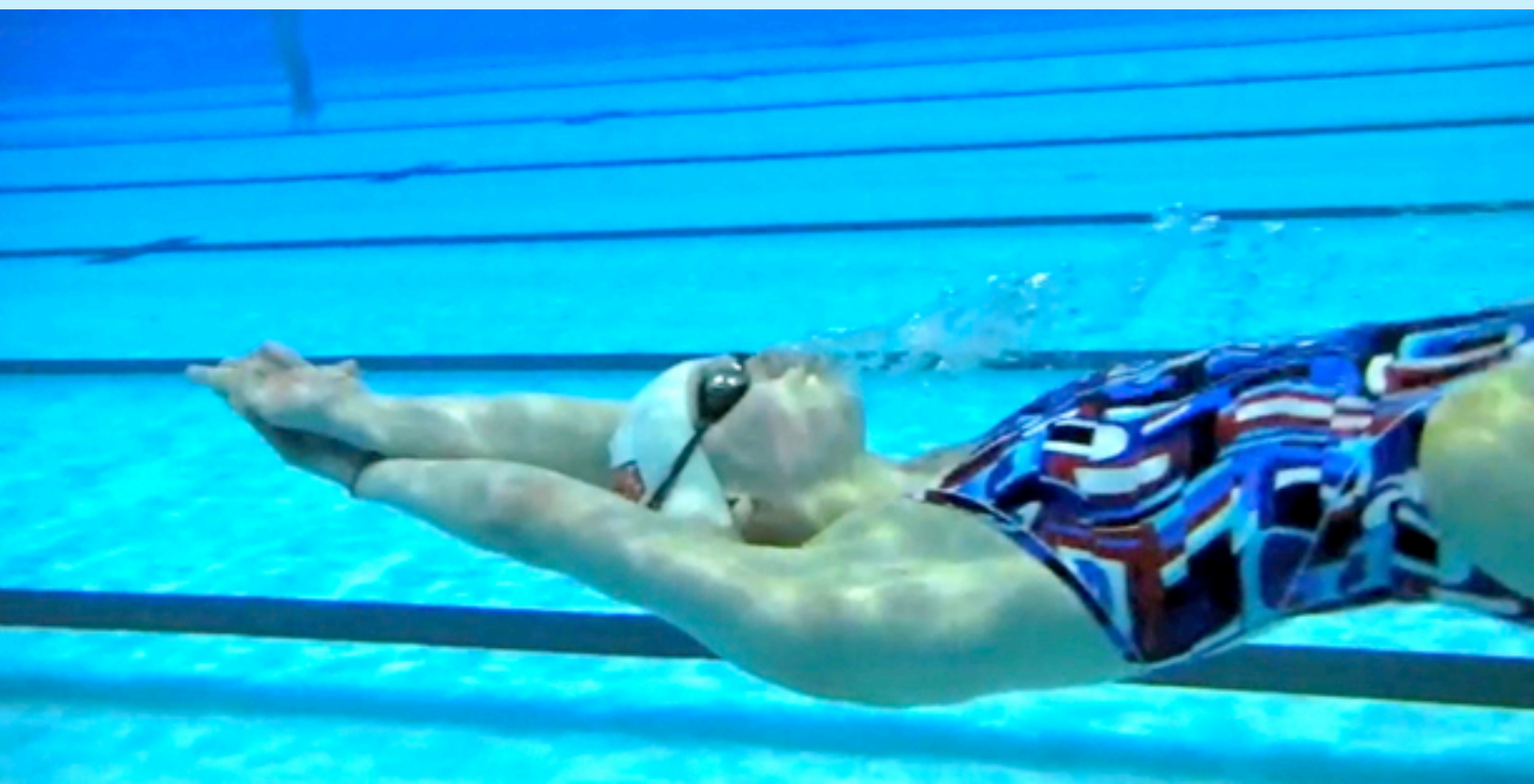
4x100 F/s Final 8<sup>th</sup> (anchor leg 48.52)

## LONG SERVING MEMBER OF BERKS & SOUTH BUCKS HONOURED WITH MBE

What a way to round off the County's Centenary year! Long-serving member of the Berks & South Bucks Committee, Roger Penfold, was awarded an MBE in the 2011 New Year's Honours list, for "services to the Amateur Swimming Association South East Region and to Local Government in Berkshire." The perfect climax to a busy year.

Roger is Secretary of Berks and South Bucks ASA, Finance Board Member of the South East Region and President of Reading Swimming Club. He's also an referee, supporting many local club and regional galas.

The County warmly congratulates him on such a well deserved honour.

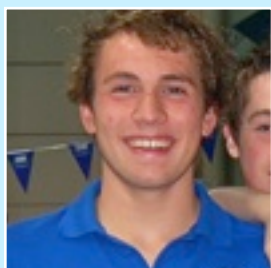




## B&SB RECORDS 2011 MEN



**Simon Burnett**



**Kevin Mitchell**



**Andrew Willis**



**Oliver Leonard**



**Steven King**

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	LC	Simon Burnett	Wycombe District	2005	22.12
100 Freestyle	LC	Simon Burnett	Wycombe District	2005	48.63
200 Freestyle	LC	Simon Burnett	Wycombe District	2005	1:46.59
400 Freestyle	LC	Phil Hubble	Reading	1978	4:06.28
800 Freestyle	LC	M Lindsell	Reading	1984	8:44.36
1500 Freestyle	LC	M Lindsell	Reading	1985	16:31.25
50 Breaststroke	LC	Andrew Willis	Bracknell	2009	30.22
100 Breaststroke	LC	Andrew Willis	Bracknell	2009	1:02.66
200 Breaststroke	LC	Andrew Willis	Bracknell	2009	2:11.99
50 Backstroke	LC	Simon Burnett	Wycombe District	2001	27.21
100 Backstroke	LC	Simon Burnett	Wycombe District	2002	57.79
200 Backstroke	LC	Aman Shah	Newbury	2009	2:09.14
50 Butterfly	LC	Steven King	Bracknell	2009	25.54
100 Butterfly	LC	Simon Burnett	Windsor	2011	53.04
200 Butterfly	LC	Phil Hubble	Slough Dolphins	1981	2:00.21
200 Medley	LC	Andrew Willis	Bracknell	2009	2:07.03
400 Medley	LC	Andrew Willis	Bracknell	2009	4:28.78

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	SC	Simon Burnett	Wycombe District	2001	23.24
100 Freestyle	SC	Oliver Leonard	Windsor	2011	50.69
200 Freestyle	SC	Phil Hubble	Windsor	1983	1:49.53
400 Freestyle	SC	Steven King	Bracknell	2009	3:58.42
800 Freestyle	SC	Christopher Rowley	Bracknell	2007	8:24.48
1500 Freestyle	SC	T Lewis	Wycombe District	1991	15:52.13
50 Breaststroke	SC	Ian Edmond	Reading	1995	29.03
100 Breaststroke	SC	Ian Edmond	Reading	1995	1:02.84
200 Breaststroke	SC	Andrew Willis	Bracknell	2009	2:13.32
50 Backstroke	SC	Simon Burnett	Wycombe District	2001	25.79
100 Backstroke	SC	Simon Burnett	Wycombe District	2001	55.20
200 Backstroke	SC	Aman Shah	Newbury	2010	2:03.06
50 Butterfly	SC	Steven King	Bracknell	2009	25.40
100 Butterfly	SC	Adam Barrett	Tilehurst	2011	54.64
200 Butterfly	SC	Phil Hubble	Windsor	1982	1:59.39
4x25m Medley	SC	Kevin Mitchell	Bracknell	2011	1:00.02
4x50m Medley	SC	B Rees	Wycombe District	1992	2:04.13
4X100 Medley	SC	B Rees	Wycombe District	1992	4:20.93





# B&SB RECORDS 2011 BOYS

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	LC	Steven King	Bracknell	2009	24.02
100 Freestyle	LC	Steven King	Bracknell	2009	52.95
200 Freestyle	LC	Steven King	Bracknell	2009	1:55.01
400 Freestyle	LC	C Woodward	Reading	2001	4:13.78
800 Freestyle	LC	M Lindsell	Reading	1983	8:56.23
1500 Freestyle	LC	M Lindsell	Reading	1984	16:44.42
50 Breaststroke	LC	I Edmond	Reading	1994	31.08
100 Breaststroke	LC	Andrew Willis	Bracknell	2009	1:04.85
200 Breaststroke	LC	Aman Shah	Newbury	2009	2:08.14
50 Backstroke	LC	Simon Burnett	Wycombe District	1999	28.20
100 Backstroke	LC	Simon Burnett	Wycombe	1999	1:01.89
200 Backstroke	LC	A J Smith	Reading	1984	2:14.54
50 Butterfly	LC	Steven King	Bracknell	2009	25.54
100 Butterfly	LC	Steven King	Bracknell	2009	55.70
200 Butterfly	LC	Phil Hubble	Slough Dolphins	1976	2:10.10
200 Medley	LC	Steven King	Bracknell	2009	2:11.84
400 Medley	LC	Andrew Willis	Bracknell	2009	4:29.65

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	SC	R Mathew-Stroud	Wycombe District	2005	23.93
100 Freestyle	SC	Oliver Leonard	Windsor	2011	50.69
200 Freestyle	SC	Steven King	Bracknell	2009	1:49.64
400 Freestyle	SC	Steven King	Bracknell	2009	3:58.42
800 Freestyle	SC	C Woodward	Reading	2001	8:40.29
1500 Freestyle	SC	Thomas Norgate	Windsor	2007	16:13.10
50 Breaststroke	SC	I Edmond	Reading	1994	29.76
100 Breaststroke	SC	I Edmond	Reading	1994	1:04.28
200 Breaststroke	SC	I Edmond	Reading	1995	2:19.61
50 Backstroke	SC	Simon Burnett	Wycombe District	1999	27.81
100 Backstroke	SC	Simon Burnett	Wycombe District	1999	59.02
200 Backstroke	SC	C Robinson	Windsor	2004	2:09.72
50 Butterfly	SC	Steven King	Bracknell	2009	25.40
100 Butterfly	SC	Steven King	Bracknell	2009	56.09
200 Butterfly	SC	Steven King	Bracknell	2009	2:00.10
100 Medley	SC	Steven King	Bracknell	2009	1:01.78
200 Medley	SC	Steven King	Bracknell	2009	2:07.60
400 Medley	SC	Steven King	Bracknell	2009	4:29.81



1911-2011



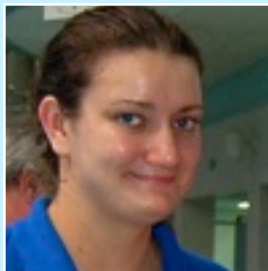
Katherine Shaw



Sophie Elphick



Sharron Davies



Kathryn Willis



Rebecca Cooke

## B&SB RECORDS 2011 WOMEN

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	LC	S Mudge	Reading	1979	27.61
100 Freestyle	LC	K McDermott	Bracknell	1986	59.59
200 Freestyle	LC	Rebecca Cooke	Reading	2001	2:05.22
400 Freestyle	LC	Rebecca Cooke	Reading	2002	4:09.49
800 Freestyle	LC	Rebecca Cooke	Reading	2002	8:28.54
1500 Freestyle	LC	Rebecca Cooke	Reading	2001	16:20.15
50 Breaststroke	LC	N Ballingall	Chesham	2005	34.06
100 Breaststroke	LC	L Burt	Reading	1983	1:13.23
200 Breaststroke	LC	H Eyles	Reading	1995	2:38.22
50 Backstroke	LC	E Tattam	Bracknell	1991	31.14
100 Backstroke	LC	Kathryn Willis	Bracknell	2009	1:03.56
200 Backstroke	LC	Kathryn Willis	Bracknell	2009	2:15.73
50 Butterfly	LC	Sharron Davies	Bracknell	1989	29.00
100 Butterfly	LC	Susie Flook	Reading	1997	1:03.22
200 Butterfly	LC	H Fox	Reading	2001	2:14.46
200 Medley	LC	Sharron Davies	Bracknell	1989	2:18.05
400 Medley	LC	H Fox	Reading	2001	4:49.09

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	SC	J Gunston	Bracknell	1990	26.90
100 Freestyle	SC	L Findlay	Wycombe District	1995	56.95
200 Freestyle	SC	Sarah Hardcastle	Bracknell	1993	2:00.08
400 Freestyle	SC	Sarah Hardcastle	Bracknell	1993	4:07.06
800 Freestyle	SC	Rebecca Cooke	Reading	2001	8:21.47
1500 Freestyle	SC	Rebecca Cooke	Reading	2001	15:52.97
50 Breaststroke	SC	H Eyles	Reading	1994	33.32
100 Breaststroke	SC	L Burt	Reading	1983	1:11.16
200 Breaststroke	SC	Sophie Elphick	Amersham	2011	2:34.24
50 Backstroke	SC	Katherine Shaw	Amersham	2010	29.77
100 Backstroke	SC	L Findlay	Wycombe District	1995	1:01.81
200 Backstroke	SC	Zoe Hester	Newbury	2007	2:11.15
50 Butterfly	SC	Sharron Davies	Bracknell	1989	28.49
100 Butterfly	SC	Susie Flook	Reading	1996	1:02.96
200 Butterfly	SC	H Fox	Reading	2000	2:13.18
100 Medley	SC	Katherine Shaw	Amersham	2010	1:07.03
200 Medley	SC	L Findlay	Wycombe District	1995	2:13.65
400 Medley	SC	H Fox	Reading	2001	4:40.92

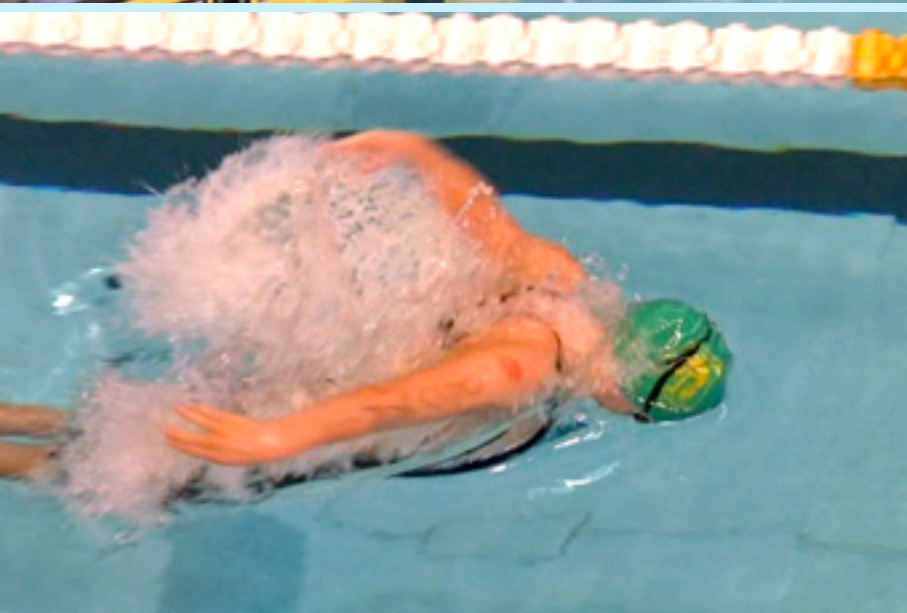


## B&SB RECORDS 2011 GIRLS

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	LC	J Andrews	Amersham	1988	27.80
100 Freestyle	LC	Alannah Fillingham	Bracknell	2011	59.96
200 Freestyle	LC	Rebecca Cooke	Reading	1999	2:05.92
400 Freestyle	LC	Rebecca Cooke	Reading	1999	4:14.94
800 Freestyle	LC	Rebecca Cooke	Reading	1999	8:39.93
1500 Freestyle	LC	Lucy Campbell	Windsor	2010	18.06.38
50 Breaststroke	LC	N Ballingall	Chesham	2005	34.06
100 Breaststroke	LC	V Mileham	Amersham	1994	1:16.09
200 Breaststroke	LC	V Mileham	Amersham	1994	2:44.19
50 Backstroke	LC	Kathryn Willis	Bracknell	2007	31.23
100 Backstroke	LC	Kathryn Willis	Bracknell	2009	1:03.56
200 Backstroke	LC	Kathryn Willis	Bracknell	2007	2:18.50
50 Butterfly	LC	Alannah Fillingham	Bracknell	2011	29.87
100 Butterfly	LC	Katie Ambridge	Wycombe District	2005	1:03.19
200 Butterfly	LC	Katie Ambridge	Wycombe District	2006	2:16.47
200 Medley	LC	Katie Ambridge	Wycombe District	2006	2:23.41
400 Medley	LC	Katie Ambridge	Wycombe District	2006	4:57.87

Event	Distance	Swimmer	Club	Year	Time
50 Freestyle	SC	Katherine Shaw	Amersham	2010	27.66
100 Freestyle	SC	Katherine Shaw	Amersham	2010	58.42
200 Freestyle	SC	Rebecca Cooke	Reading	1999	2:02.03
400 Freestyle	SC	Rebecca Cooke	Reading	1999	4:14.21
800 Freestyle	SC	Rebecca Cooke	Reading	1998	8:51.80
50 Breaststroke	SC	N Ballingall	Chesham	2003	33.95
100 Breaststroke	SC	Sophie Elphick	Amersham	2010	1:14.24
200 Breaststroke	SC	Sophie Elphick	Amersham	2010	2:36.93
50 Backstroke	SC	Katherine Shaw	Amersham	2010	29.77
100 Backstroke	SC	Katherine Shaw	Amersham	2010	1:02.45
200 Backstroke	SC	Zoe Hester	Newbury	2007	2:11.15
50 Butterfly	SC	Susie Flook	Reading	1996	29.19
100 Butterfly	SC	Susie Flook	Reading	1996	1:02.91
200 Butterfly	SC	H Fox	Reading	2000	2:13.18
100 Medley	SC	Katherine Shaw	Amersham	2010	1:07.03
200 Medley	SC	K Towers	Amersham	2004	2:20.78
400 Medley	SC	Rebecca Cooke	Reading	1999	4:50.36

# CREAM OF COUNTY'S SWIMMERS DO US PROUD IN COUNTY TEAM CHAMPS



Twenty four swimmers from Berks & South Bucks together with County President Sue Green, Team Manager Liz Waddy, and coaches Matt Heathcock and Nigel Willis travelled to Sheffield for the British Gas ASA National County Team Championships in October.

With the Ponds Forge pool split into two 25 metre pools, 38 county teams from across Great Britain competing, and noisy support from the gallery the atmosphere was electric for this annual showdown. Teams from Division 1 competed in one pool while the teams from Division 2 are in the other. Starts are staggered resulting in two races overlapping. Swimmers from all the county teams get into the spirit of the occasion by dressing up and painting themselves in their team colours.

There were some excellent swims and a large number of personal best times recorded. **Oliver Leonard** achieved 1<sup>st</sup> place in the boys 100 Freestyle and 2<sup>nd</sup> in the 100 Butterfly, while **Lucy Campbell** took 3<sup>rd</sup> in the 100 Freestyle. Coupled with some excellent relay results and many top ten finishes the Berks and South Bucks team finished 12<sup>th</sup> overall in Division 1. Only 25 points separated 7<sup>th</sup> placed Cheshire and Berks & South Bucks in 12<sup>th</sup>. The entire team performed well and were a credit to the county. Well done to all our swimmers.

**Nigel Willis**

The Berkshire and South Buckinghamshire team were:

## Girls

**Katherine Shaw, Zara Ryan, Lily Glover, Mia Poplawska, Florence Claringbold, Lizzie Gray, Emily Heslop, Molly Norman, Lucy Campbell, Sophie Elphick, Eleanor Dolan, Louise MacFadzen,**

## Boys

**Oliver Leonard, Benjamin Goldfinch, James Ellison, Oliver Weedon, Tom Strudwick, Max Elphick, Christopher Brook, Alan Tarleton, Charlie Messenger, James MacFadzen, George Longhurst, Alexander Farrell**



ASA National County Team Championships 2011

19.09.11 - 24.09.11 @ Ponds Forge

Emma Stone
Georgia Pater
Georgia Robb
Sophie Wain
Rebecca May
Emily Swales
Ellie Stephen
Robb Britton
Lara Barnett
Kimberley Maskey

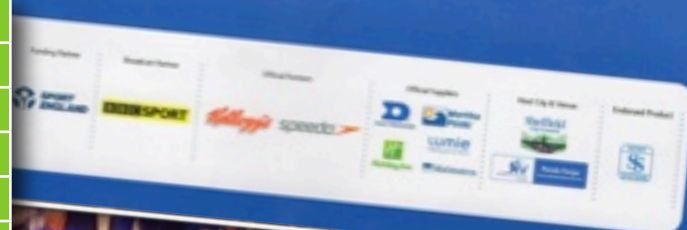
Top Club (Evt. 106)

Lancashire	111
N & Durham	84
Notts	80
Berks&SBucks	79



# BRITISH GAS ASA NATIONAL COUNTY TEAM CHAMPIONSHIPS 2011

16TH OCTOBER 2011  
PONDS FORGE INTERNATIONAL SPORTS CENTRE  
SHEFFIELD  
OFFICIAL PROGRAMME



## Division 1

Place	Team	Points
1	Lancashire	541
2	Middlesex	413
3	Yorkshire	396
4	N & Durham	392
5	Kent	373
5	Somerset	373
7	Cheshire	349
8	Notts	346
9	Derbyshire	332
10	Hampshire	329
10	Scotland East	329
12	Berks&SBucks	324
13	Surrey	300
14	Scot West	296
15	Herts	266
16	Essex	242
17	Swim Wales E	239
17	Swim Wales W	239
19	Sussex	233
20	Suffolk	199

**BERKS AND  
SOUTH BUCKS  
COME 12TH  
OVERALL**

# WINDSOR & AMERSHAM REACH ARENA FINAL

*Windsor edge past County rivals Amersham by 5 points in thrilling finale to National Arena League. Both qualify for Sheffield Final in April*



Both Windsor and Amersham booked places in the finals of the National Arena League in April.

In the climax of the 3-round autumn competition the Premier division met in Crawley's long course pool to decide who can claim to be the best club in the South of England. Also at stake were places in the A and B final to be held in Sheffield's Ponds Forge International pool.

On the night Guildford claimed first place with a 59 point victory margin and a place in the A final. But the real interest was the battle for the 2nd and 3rd place.

It was a close run thing all evening. Windsor holding on to 2nd spot for the first half of the evening, only to find Amersham stealing in front by 4 points with eight races to go. But it was Windsor who edged it pulling clear by 5 points in the fast and furious relays that round off proceedings. Both clubs finished on 46 but Windsor's superior gala points total gave them 2nd overall.

But it was still possible for both Berks & South Bucks clubs to reach the final. The 3rd round results from all the regions were collated and a virtual gala run to decide the top 20 teams in the country to contest the A and B final.

And when the computer exercise was completed both Windsor and Amersham learnt they had made the B final. Windsor go in to it seeded 3rd, while Amersham are 8th. And as Windsor proved in Round 3 anything is possible when you get to a final.

Coach Matt Heathcock was delighted: "Windsor swimmers had fantastic drive and stepped up as a team. It is a first for the club!" As Matt's father is Chief Coach at Ealing, who Windsor will meet, there will be an extra element of rivalry involved.

In the final Windsor and Amersham will meet Ealing and Camden Swiss from London, Preston and Stockport Metro from the North West, Coventry and Boldmere from West Midlands, Cambridge from the East Midlands and City of Cardiff from the West.

The County wish both teams well in their B Final meeting in April.

Premier Division - 2011 Final Placings

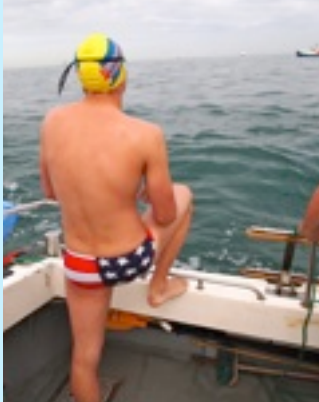
Round Three League Table		Gala Points				League Points				
Pl	Team	R1	R2	R3	Total	R1	R2	R3	Bonus	Total
1	City Of Guildford A	204	215.5	317	736.5	5	5	16	24	50
2	<b>Windsor A</b>	<b>197</b>	<b>182</b>	<b>258</b>	<b>637</b>	<b>4</b>	<b>4</b>	<b>14</b>	<b>24</b>	<b>46</b>
3	<b>Amersham</b>	<b>183</b>	<b>185</b>	<b>253</b>	<b>621</b>	<b>5</b>	<b>5</b>	<b>12</b>	<b>24</b>	<b>46</b>
4	Beckenham A	199	190	225	614	5	5	10	24	44
5	Rushmoor Royals	160	177	209	546	4	4	8	24	40
6	Bracknell & Wokingham	163	154.5	181	498.5	4	4	6	24	38
7	City Of Oxford	151	159	176	486	3	3	4	24	34
8	Thanet	132	125	273.5	530.5	2	2	16	12	32



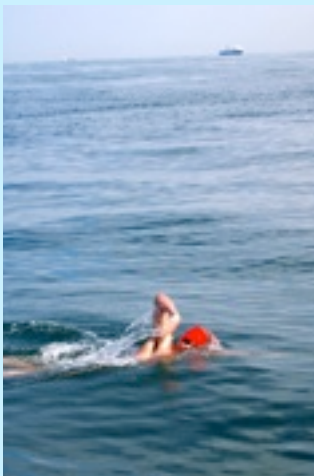
# TRIO TACKLE CHANNEL



Three senior Bracknell & Wokingham swimmers left the familiar surroundings of an indoor pool where they regularly train and compete, to take on the choppy waters of the English Channel. In the process Kevin Mitchell, Chris Brook and Alex Burrell, all 17, achieved a shared ambition and raised money for Help for Heroes. Their exhausting but successful 9 hour 50 minutes swim across the Channel on the 15 September 2011 was the culmination of months of planning and preparation.



A hundred years ago Thomas Burgess at his 13th attempt successfully swam across the English Channel in 22 hours 30 minutes. Since 1875 when Captain Webb made the first successful attempt there have been 1228 solo swimmers who have made 1672 crossings, while another 4742 swimmers have completed 730 relay swims. Apparently more people have climbed Mount Everest than completed this holy grail of open water distance swimming.

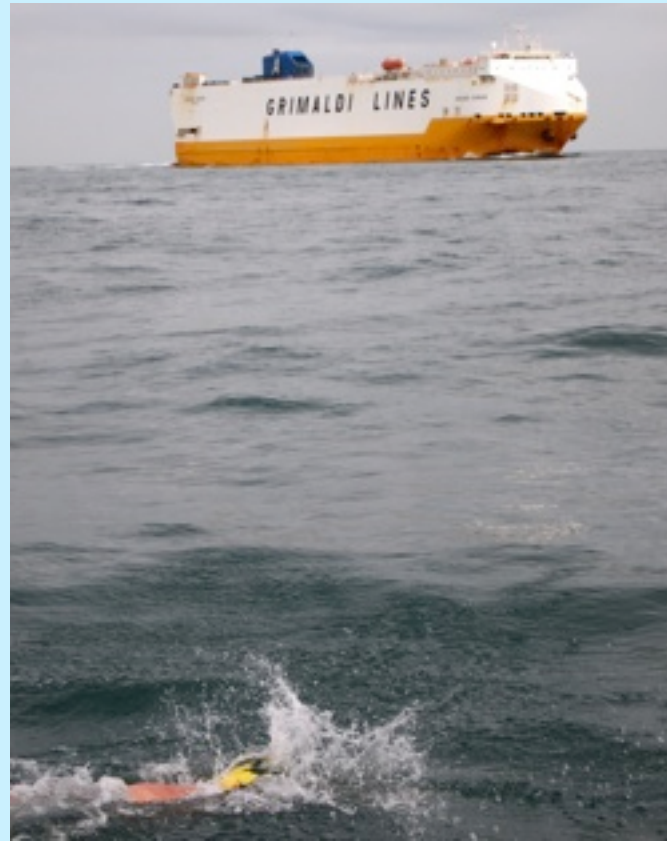


Preparations began in an icy local lake back in February. They quickly learnt that dealing with the extreme cold was the secret; their regular training meant covering the distance was not the issue. And so the months passed until the autumn when the conditions are ideal. And in near perfect conditions last September, and at short notice when a solo attempt was aborted, the three swimmers and their families, rushed down to Dover to take advantage of the opportunity. It took them a lot less time than Burgess a century ago. Kevin who had swum the first leg was the swimmer to make landfall at Cape Gris Nez in darkness, 9 hours and 50 minutes after they had began.



So far they have raised £4,500 but the interest in the feat continues unabated. Was there any point when they felt they were not going to make it? Alex, who swam the penultimate leg said, "Getting back into the water for my last stint was really hard. It is impossible to describe how cold it was. We each swam an hour. When we got out we had to huddle under blankets to get warm." Wetsuits are against the rules, but they were allowed to cover themselves with a special grease that warded off some of the intense cold.

The three swimmers were escorted by a boat belonging to the Channel Swimming and Piloting Federation with an experienced skipper. He



verifies all the conditions were met, and keeps an eye out for traffic in the busy shipping lanes they were cutting across. "Although it's only 22 miles shore to shore, we must have ended up doing over 50. The currents take you much further. You end up crossing in an S-shaped route." When Kevin made landfall he was picked out by a powerful searchlight from the boat. When he swam back and climbed on board the jubilant Bracknell Swimmers enjoyed a victory hug. It had been a fantastic team effort.

The boat on its return trip opened up the throttle and returned the swimmers and their families back to Dover in double quick time. It had been an exhausting but amazing experience for all three, one they will never forget.

# CENTENARY COUNTY CHAMPIONSHIPS 2011

**British Gas**





