

BERKSHIRE & SOUTH BUCKINGHAMSHIRE ASA 22nd ASA OPEN MASTERS

(A sub region of the ASA South East Region)

You are invited to take part on
SATURDAY 26 NOVEMBER 2011

AT

MAGNET LEISURE CENTRE MAIDENHEAD

Holmanleaze, Maidenhead, Berkshire SL6 8AW

(Under ASA Laws and Technical Rules)

Information and entry procedure

The Magnet Leisure Centre has a 25m, 8 lane pool with A.O.E. The pool is accredited for British, European, and World records.

There will be 2 sessions. Provisional times are: Session 1 - 11.30 warm up for 12.15pm start. Session 2 – 4:30pm warm up for 5.15pm start. Final session times will be published with accepted entries.

All results will be heat declared winners, no finals will be swum. Heats will be seeded in time order, irrespective of age, slowest to fastest. The 200m individual events will be swum in mixed heats, but there will be separate men's and women's awards.

The results will be posted to the web site www.bsbasa.org and sent to the ASA, for entry into rankings and the Decathlon.

Age Groups: Seniors 18/24 A-25/29 B-30/34 C-35/39 D-40/44 E-45/49 F-50/54
G-55/59 H-60/64 J-65/69 K-70/74 L-75/79 M-80/+

Seniors must be at least 18 yrs on the date of the competition. All other ages are at the 31st December 2011.

Each competitor may only compete for one club at the meet. Entries must be made on the official entry form, or enter and pay online (via Paypal, Credit or Debit card) at www.bsbasa.org There is an additional flat rate fee for online individual entries of 50p. This covers (in part) the amount PayPal charge us for processing payment. Online entrants will of course save the costs of an envelope and stamp!

Individual events are: 200m, 100m & 50m in all four strokes, and 100m and 200m Individual Medley.

All relays are 4 x 50m. Ages are: 120 Yrs+, 160 Yrs+, and 200 Yrs+. Relay teams must consist of 2 ladies and 2 men who can swim in any order. **Masters and seniors can swim in the same relay teams. Relay heats will be seeded as far as possible so that teams in the same age group swim together.**

ENTRY FEE: £4.00 for individual events. £7.00 for relay teams (Individual event entry fees unchanged since 2005)

All individual entries MUST be received by the closing date – Noon, Monday 31 October 2011.

Relay entries must be received by Midnight, Saturday 12 November.

Relay entries will not be accepted on the day. In the case of online individual and relay entries, payment must also be made by the closing date above.

Depending on the volume of entries we may need to reject entries for the 200m events to keep to the time available, whilst still accepting entries to the other events. Entries to 200m events will be accepted on a first come first served basis. It is most unlikely that any further rejections will be necessary, but if this the case we would do the same with the 100m events.

Medals will be awarded for the first three in each age group and for the winner of each age group relay team.

A trophy will be awarded to the club with the most points. Points will be awarded 8,7,6,5,4,3,2,1 for each place
1,2,3,4,5,6,7,8

Prizes will be awarded to the top 3 female and male swimmers of the meet (masters only). This year we will again be using a points based method with age adjusted points calculated using the same method as the British Swimming Master

Decathlon Competition. The awards will be made based on the points for the best five swims (of any distance and stroke combination).

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Information and entry procedure - cont

All swimmers must be registered with the ASA and be responsible for their own health and safety, and to the best of their knowledge be physically fit and able to compete in masters events.

No cards will be issued. Confirmation of accepted entries will be posted on the BSBASA website (www.bsbasa.org) as soon as possible after the closing date (this should be no later than 6 November).

Competitors should check the confirmation of accepted entries carefully. Most errors can be corrected prior to the meet. It is most unlikely that errors will be corrected on the day.

The meet will be run on a “registration basis” for individual events. That is, individual competitors will need to sign in for each event that they have entered to signify that they are present and intend to swim in that event. Registration will close at the start of the warm up of the session concerned. Swimmers who have not registered prior to the start of the warm up may be able to swim in any empty lanes in the first heat, but otherwise will not be able to swim. Full details of the registration process will be included in the confirmation of accepted entries (posted at www.bsbasa.org).

Relay team declaration forms will be emailed to the email address given shortly after relay entries close. They may also be collected from Rob Moore on the day of the meet. The names of the swimmers in each team must be “declared” on the forms and then returned to Rob Moore prior to the start of the warm up for the relevant session. Teams who do not complete and return relay declaration cards in time will not be eligible to swim.

Please send completed entry forms to

Rob Moore

Treetops,

22 Heatherdene Avenue,

Crowthorne,

Berks., RG45 6AA

Telephone 01344 752106

email: championships@bsbasa.org

Queries to Rob Moore as above.,

Order of events

SESSION 1. Warm up 11.30 for 12.15 start		SESSION 2. Warm up 4:30 for 5:15 start	
Event No.	Event Name	Event No.	Event Name
1	Mixed 200m Freestyle	13	Mixed 200m Backstroke
2	Men's 100m Breaststroke	14	Men's 100m Fly
3	Ladies 100m Breaststroke	15	Ladies 100m Fly
4	Men's 50m Backstroke	16	Men's 50m Freestyle
5	Ladies 50m Backstroke	17	Ladies 50m Freestyle
6	Mixed 200mFly	18	Mixed 200m Breaststroke
7	Men's 100m Freestyle	19	Men's 100m Backstroke
8	Ladies 100m Freestyle	20	Ladies 100m Backstroke
9	Men's 50m Breaststroke	21	Men's 50m Fly
10	Ladies 50m Breaststroke	22	Ladies 50m Fly
11	Mixed 100m Individual Medley	23	Mixed 200m Individual Medley
12	Mixed 4x50m Freestyle Team	24	Mixed 4x50m Medley Team

NB Session times are provisional

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Individual entry form

NAME		ASA REG No
CLUB		DOB
ADDRESS		AGE GROUP
		SEX Male/Female
		TEL No
POST CODE	EMAIL ADDRESS	

Entry Times:

Please submit times for a 25m pool.

If you do not have an entry time, please make an estimate.

Event		Entry time	Event		Entry time
16/17	50m Freestyle		2/3	100m Breaststroke	
7/8	100m Freestyle		27	200m Breaststroke	
1	200m Freestyle		21/22	50m Fly	
4/5	50m Backstroke		14/15	100m Fly	
19/20	100m Backstroke		6	200m Fly	
13	200m Backstroke		11	100m Ind Medley	
9/10	50m Breaststroke		23	200m Ind Medley	

I certify the information on this entry form is correct and I agree to abide by the conditions laid down by the B&SBASA

Signature of competitor or Club Official.....

Number of individual entries @ £4.00 each Fee enclosed £

No entries will be accepted without the appropriate entry fee. Cheques made payable to B&SBASA

Please send your completed entry form and cheque to,

Rob Moore

Treetops,

22 Heatherdene Avenue,

Crowthorne,

Berks., RG45 6AA

Telephone 01344 752106

email: championships@bsbasa.org

Closing date – Noon, Monday 31 October 2011

BERKSHIRE & SOUTH BUCKINGHAMSHIRE ASA 22nd OPEN MASTERS

Team entry form

NAME OF CLUB (IN FULL)		
TEAM ORGANISER/CAPTAIN		
ADDRESS		
POST CODE	TEL No	MOBILE No
EMAIL ADDRESS		

Entries:

Please submit entry times for a 25m pool. If you do not have an entry time, please make an estimate.

Event		Age Group	No of teams	Event		Age Group	No of teams
12	Mixed 4x50 Freestyle	120 Yrs +		24	Mixed 4x50 Medley	120 Yrs +	
12	Mixed 4x50 Freestyle	160 yrs +		24	Mixed 4x50 Medley	160 yrs +	
12	Mixed 4x50 Freestyle	200 Yrs +		24	Mixed 4x50 Medley	200 Yrs +	

I certify the information on this entry form is correct and I agree that all Team members will abide by the conditions laid down by the B&SBASA. I agree to complete and return relay Team declaration forms on the day of the meet.

Signature of Club Official.....

All Team events will be 2 men & 2 women swum in any order. Masters and Seniors may compete in the Team events.

Number of team entries @ £7.00 each Fee enclosed £

No entries will be accepted without the appropriate entry fee. Cheques made payable to B&SBASA

If paying by post, please send your completed entry form and cheque to,

Rob Moore

Treetops,

22 Heatherdene Avenue,

Crowthorne,

Berks., RG45 6AA

Telephone 01344 752106

email: championships@bsbasa.org

Closing date – Midnight, Saturday, 12 November 2011